

XXXII Ogólnopolski Bieg Niepodległości 2025

Ośrodek Kultury Fizycznej w Górze · wtorek, 11 listopada 2025

Wyniki końcowe

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	By cat.	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
1	80	ROMANIUK BARTOSZ	ENDORFINA WSCHOWA	M	M30	1°	7:58.03 (1)	15:58.14 (1)	23:49.21 (1)	31:42.36 (1)	33:00.31	03:18	0:32:59.71
2	55	SÓJKA SERGIUSZ	KS KROTOSZ KROTOSZYN	M	M20	1°	8:32.06 (3)	17:09.44 (4,-1)	25:29.25 (3,+1)	33:34.59 (2,+1)	34:57.72	03:30	0:34:57.72
3	116	MOCEK MAREK	KLUB BIEGACZA JESTEM OD ROMKA	M	M20	2°	8:32.27 (4)	17:09.51 (5,-1)	25:27.29 (2,+3)	33:39.07 (3,-1)	34:59.89	03:30	0:34:59.89
4	138	MIASKOWSKI DAWID	MIASEK TEAM	M	M40	1°	8:31.86 (2)	17:08.90 (2)	25:45.24 (4,-2)	34:14.52 (4)	35:43.53	03:34	0:35:43.16
5	95	FRANCZAK MARIUSZ	DTR BIEGA / MARIO TEAM	M	M40	2°	8:32.43 (5)	17:09.34 (3,+2)	25:50.93 (5,-2)	34:36.39 (5)	36:04.98	03:37	0:36:04.98
6	61	ŚLIWIŃSKI BARTOSZ	DTR BIEGA / MARIO TEAM	M	M20	3°	9:14.48 (10)	18:35.31 (8,+2)	28:01.59 (6,+2)	37:14.31 (7,-1)	38:41.43	03:52	0:38:39.61
7	119	KULCZYCKI RAFAŁ	PARKRUN LUBIN	M	M40	3°	9:06.80 (7)	18:29.54 (7)	28:01.82 (7)	37:17.05 (9,-2)	38:47.23	03:53	0:38:47.23
8	89	BATOR MILENA	♀ OŚ RACING TEAM	K	K20	1°	9:14.71 (11)	18:38.96 (11)	28:04.49 (11)	36:5.59 (6,+5)	38:47.46	03:53	0:38:47.46
9	156	KRÓL KAMIL	OŚ RACING TEAM	M	M30	2°	9:13.73 (8)	18:38.71 (10,-2)	28:03.91 (10)	37:15.78 (8,+2)	38:49.88	03:53	0:38:47.25
10	74	SERAFIN PIOTR		M	M40	4°	9:13.99 (9)	18:37.71 (9)	28:03.05 (9)	37:27.70 (10,-1)	39:06.05	03:55	0:39:03.55
11	104	ANDRZEJEWSKI DROGOSZ		M	M30	3°	8:57.61 (6)	18:28.53 (6)	28:01.96 (8,-2)	37:28.96 (11,-3)	39:13.04	03:55	0:39:13.04
12	84	POSACKI ZBIGNIEW	WOŁÓW BIEGA	M	M40	5°	9:31.11 (14)	18:55.29 (14)	28:25.32 (13,+1)	37:47.99 (12,+1)	39:16.66	03:56	0:39:11.86
13	96	ŁUKASZCZYK KRZYSZTOF	KGHM ZG RUN	M	M40	6°	9:22.77 (12)	18:40.51 (12)	28:09.28 (12)	37:47.99 (13,-1)	39:29.68	03:57	0:39:26.54
14	109	KIDOŃ PIOTR		M	M40	7°	9:26.98 (13)	18:52.62 (13)	28:26.31 (14,-1)	38:07.27 (14)	39:48.50	03:59	0:39:46.06
15	112	STĘPIEŃ ŁUKASZ	DTR BIEGA / MARIO TEAM	M	M30	4°	9:37.30 (17)	19:11.07 (15,+2)	28:54.05 (15)	38:30.72 (15)	40:03.94	04:00	0:40:00.91
16	101	GARBOWSKI RAFAŁ	LKS SPARTA PARSZOWICE	M	M30	5°	10:00.38 (30)	19:36.28 (18,+12)	29:18.78 (16,+2)	39:03.26 (16)	40:45.87	04:05	0:40:31.74
17	86	WACHOWIAK MICHALINA	♀ DTR BIEGA / MARIO TEAM	K	K30	1°	9:53.61 (28)	19:54.91 (27,+1)	29:52.61 (21,+6)	39:38.84 (18,+3)	41:17.21	04:08	0:41:14.43
18	97	KRASIŃSKI JAROSŁAW	TUPTATUTEAM	M	M40	8°	9:36.39 (15)	19:35.47 (17,-2)	29:45.84 (19,-2)	39:36.67 (17,+2)	41:17.45	04:08	0:41:14.09
19	15	JAZ ŁUKASZ		M	M30	6°	9:42.70 (21)	19:35.07 (16,+5)	29:36.18 (17,-1)	39:39.42 (19,-2)	41:21.08	04:08	0:41:21.08
20	58	SALA ADRIAN	SB DOGORYWANKO	M	M30	7°	9:52.83 (26)	19:47.64 (22,+4)	29:47.55 (20,+2)	39:47.28 (20)	41:25.18	04:08	0:41:25.18
21	135	HANKIEWICZ ŁUKASZ		M	M40	9°	9:38.26 (19)	19:36.92 (19)	29:45.19 (18,+1)	39:48.39 (21,-3)	41:28.32	04:09	0:41:23.11
22	163	ŚWIĄTEK DOMINIK		M	M30	8°	10:06.19 (35)	20:18.09 (32,+3)	30:26.75 (31,+1)	40:15.81 (22,+9)	41:52.18	04:11	0:41:50.23
23	141	GROCHAŁA WOJCIECH	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	M	M40	10°	9:49.90 (24)	19:51.34 (24)	30:05.09 (22,+2)	40:16.46 (23,-1)	41:59.66	04:12	0:41:56.42
24	10	KASPRZAK KRZYSZTOF	SPEED ŻÓŁWIK	M	M50	1°	9:43.50 (22)	19:52.43 (25,-3)	30:11.70 (25)	40:25.61 (25)	42:01.59	04:12	0:41:57.36
25	98	KUREK JAROSŁAW	ENDORFINA WSCHOWA	M	M40	11°	10:05.23 (33)	20:09.96 (30,+3)	30:22.03 (28,+2)	40:27.97 (27,+1)	42:02.31	04:12	0:41:58.04
26	91	ZACZYŃSKA-SKIBA ANNA	♀ DRUŻYNA DOBREJ ENERGII	K	K40	1°	10:11.59 (39)	20:19.85 (33,+6)	30:23.57 (29,+4)	40:23.87 (24,+5)	42:07.63	04:13	0:42:04.85
27	45	WOJCIECHOWSKI KAMIL	WATAHA	M	M40	12°	9:45.71 (23)	19:49.86 (23)	30:05.39 (23)	40:27.24 (26,-3)	42:11.25	04:13	0:42:10.88
28	79	ADAMOWYCZ BOGUSŁAW	BOJADELSKA BRĄĆ BIEGOWA	M	M+60	1°	9:53.75 (29)	19:56.06 (28,+1)	30:08.44 (24,+4)	40:28.52 (28,-4)	42:13.90	04:13	0:42:09.59
29	85	WACHOWIAK KAROL	DTR BIEGA / MARIO TEAM	M	M30	9°	9:36.77 (16)	19:39.41 (20,-4)	30:13.46 (26,-6)	40:39.68 (29,-3)	42:18.01	04:14	0:42:15.45
30	123	RABIEGA SZCZEPAN	#BIEGAJLESZNO	M	M50	2°	10:01.76 (31)	20:39.00 (38,-7)	30:36.55 (32,+6)	40:58.00 (30,+2)	42:34.16	04:16	0:42:31.72
31	1	RATAJCZAK KRZYSZTOF		M	M20	4°	10:13.32 (42)	20:31.18 (37,+5)	30:53.42 (36,+1)	41:00.76 (33,+3)	42:37.30	04:16	0:42:30.20
32	62	KONKOL KONRAD	35PLUS MIASTKO PRO-FIT-BIKE	M	M40	13°	9:50.04 (25)	19:53.54 (26,-1)	30:24.10 (30,-4)	40:58.80 (32,-2)	42:50.32	04:17	0:42:46.59
33	28	WIĘCOWSKI IGOR		M	M20	5°	9:39.29 (20)	19:46.34 (21,-1)	30:14.83 (27,-6)	40:58.80 (31,-4)	42:54.42	04:17	0:42:51.60
34	54	NOWIŃSKI RAFAŁ	ENDORFINA WSCHOWA	M	M50	3°	10:12.77 (41)	20:26.94 (34,+7)	30:51.46 (33,+1)	41:20.41 (34,-1)	43:06.48	04:19	0:43:02.14
35	17	UŚCIŁO MICHAŁ		M	M40	14°	10:11.99 (40)	20:28.86 (36,+4)	30:56.51 (37,-1)	41:27.42 (35,+2)	43:13.00	04:19	0:43:09.56
36	94	SALAMON DAGMARA	♀ DTR BIEGA / MARIO TEAM	K	K30	2°	9:53.48 (27)	20:13.83 (31,-4)	30:52.77 (34,-3)	41:34.68 (36,-2)	43:20.23	04:20	0:43:16.23
37	53	WOJCIESZONEK KRZYSZTOF	WYDZIAŁ ŻANDARMERII WOJSKOWEJ WE WROCŁAWI	M	M30	10°	10:19.29 (45)	20:41.24 (41,+4)	31:17.39 (39,+2)	41:42.80 (37,+2)	43:26.75	04:20	0:43:21.23
38	27	GŁUSZKO KRZYSZTOF	MIRA-TEAM	M	M30	11°	10:03.92 (32)	20:28.08 (35,-3)	31:11.87 (38,-3)	41:59.14 (39,-1)	43:40.25	04:22	0:43:37.75
39	63	NAWROCKI RADOSŁAW	BRAK	M	M30	12°	9:37.71 (18)	20:07.97 (29,-11)	30:53.31 (35,-6)	41:52.71 (38,-3)	43:47.25	04:23	0:43:44.75
40	12	TUKINDORF ŁUKASZ	YOURKAYA SPORTS CLUB	M	M20	6°	10:16.75 (44)	20:55.74 (43,+1)	31:31.00 (42,+1)	42:08.55 (40,+2)	43:48.94	04:23	0:43:43.96

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Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	By cat.	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
41	24	SYMULEWICZ WOJCIECH		M	M30	13°	10:32.88 (50)	21:05.89 (45,+5)	31:47.01 (44,+1)	42:21.39 (42,+2)	44:05.81	04:25	0:44:01.04
42	165	JAZ ZYGMUNT		M	M+60	2°	10:05.85 (34)	20:42.12 (42,-8)	31:27.14 (40,+2)	42:18.02 (41,-1)	44:11.84	04:25	0:44:11.84
43	72	KAPIEC ROBERT	PARKRUN LUBIN	M	M40	15°	10:10.02 (37)	20:39.00 (40,-3)	31:32.48 (43,-3)	42:29.92 (43)	44:16.19	04:26	0:44:13.24
44	139	PAWLICKI RAFAŁ		M	M40	16°	10:36.84 (51)	21:17.44 (47,+4)	31:58.35 (45,+2)	42:38.14 (45)	44:28.25	04:27	0:44:23.52
45	49	STRÓŻYK ARTUR	ARDOM CHOJNO	M	M30	14°	10:07.80 (36)	20:39.00 (39,-3)	31:30.55 (41,-2)	42:30.06 (44,-3)	44:39.58	04:28	0:44:37.39
46	60	BAUM MAREK		M	M30	15°	10:57.81 (61)	21:45.27 (55,+6)	32:20.83 (50,+5)	42:58.72 (46,+4)	44:39.82	04:28	0:44:31.85
47	157	SADOWCZYK ŻANETA ♀	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	K	K50	1°	10:39.33 (52)	21:23.37 (49,+3)	32:10.74 (46,+3)	42:58.93 (47,-1)	44:43.20	04:28	0:44:43.20
48	107	KMIOTEK PAWEŁ	BANK SPÓŁDZIELCZY W ŻMIGRODZIE	M	M50	4°	10:32.29 (48)	21:18.72 (48)	32:13.95 (48)	43:27.71 (50,-2)	45:11.42	04:31	0:45:05.90
49	161	BŁĄŻEJEWSKI ŁUKASZ		M	M40	17°	10:10.35 (38)	21:05.61 (44,-6)	32:12.73 (47,-3)	43:16.35 (48,-1)	45:11.66	04:31	0:45:08.68
50	18	TADLA WIKTOR		M	M40	18°	11:07.56 (66)	22:09.69 (60,+6)	32:59.84 (58,+2)	43:35.63 (51,+7)	45:16.01	04:32	0:45:12.17
51	124	RABIEGA MONIKA ♀	#BIEGAJLESZNO	K	K40	2°	10:25.40 (46)	21:17.09 (46)	32:16.10 (49,-3)	43:25.80 (49)	45:21.80	04:32	0:45:20.61
52	110	DEREŃ ŁUKASZ		M	M20	7°	11:01.21 (65)	21:50.49 (56,+9)	32:42.20 (52,+4)	43:39.16 (52)	45:31.46	04:33	0:45:23.63
53	50	BECMER DAMIAN		M	M20	8°	10:16.62 (43)	21:27.26 (51,-8)	32:51.85 (54,-3)	43:52.17 (53,+1)	45:47.13	04:35	0:45:41.37
54	130	RZYSKI MICHAŁ		M	M30	16°	10:40.95 (53)	21:24.03 (50,+3)	32:35.28 (51,-1)	43:55.78 (54,-3)	45:52.92	04:35	0:45:45.36
55	106	BIAŁEK PAWEŁ		M	M20	9°	11:10.11 (71)	22:16.26 (63,+8)	33:28.32 (59,+4)	44:04.73 (55,+4)	45:57.02	04:36	0:45:51.39
56	150	REJEK WIESŁAW		M	M+60	3°	11:00.14 (64)	21:50.68 (57,+7)	32:50.95 (53,+4)	44:07.06 (56,-3)	46:00.16	04:36	0:45:51.18
57	64	UJEJSKA DANUTA ♀	RUNTEAM RYDZYNA	K	K40	3°	10:31.36 (47)	21:42.80 (53,-6)	32:56.73 (56,-3)	44:09.67 (57,-1)	46:02.57	04:36	0:46:00.38
58	21	RZAŚA TOMASZ		M	M20	10°	11:21.95 (77)	22:39.39 (71,+6)	33:51.04 (66,+5)	44:35.93 (61,+5)	46:04.02	04:37	0:45:54.86
59	76	FURYK MATEUSZ	ENDORFINA WSCHOWA	M	M30	17°	10:32.32 (49)	21:33.99 (52,-3)	32:54.08 (55,-3)	44:19.35 (58,-3)	46:12.23	04:37	0:46:05.56
60	65	PLUTA PIOTR		M	M30	18°	11:10.94 (73)	22:24.86 (68,+5)	33:36.51 (60,+8)	44:29.06 (60)	46:19.22	04:38	0:46:12.80
61	20	BŁASZCZYK TOMASZ	BEZ KLUBA	M	M40	19°	10:44.79 (54)	21:44.09 (54)	32:58.69 (57,-3)	44:28.35 (59,-2)	46:25.98	04:38	0:46:19.91
62	37	IWASIKÓW WIKTOR		M	M20	11°	10:51.62 (57)	22:43.35 (72,-15)	34:06.76 (71,+1)	45:06.51 (67,+4)	46:39.74	04:40	0:46:39.03
63	151	SKIBA KRZYSZTOF	DRUŻYNA DOBREJ ENERGII	M	M+60	4°	11:08.44 (67)	22:24.73 (67)	33:37.82 (63,+4)	44:48.76 (62,+1)	46:42.88	04:40	0:46:42.88
64	2	JANOWSKI PRZEMYSŁAW	TAKŻE TEGO...	M	M40	20°	10:47.48 (55)	22:06.71 (58,-3)	33:36.93 (61,-3)	44:52.01 (63,-2)	46:44.81	04:40	0:46:38.39
65	48	SYDORCZYK MAGDALENA ♀	ENDORFINA WSCHOWA	K	K40	4°	11:08.63 (68)	22:19.23 (65,+3)	33:36.93 (62,+3)	44:55.85 (64,-2)	46:46.26	04:41	0:46:42.82
66	30	NOWAKOWSKI MAREK	RUNNING FAMILY	M	M50	5°	10:57.38 (60)	22:13.87 (62,-2)	33:39.83 (64,-2)	44:58.45 (65,-1)	46:48.44	04:41	0:46:47.44
67	145	OSTROWSKA KLAUDIA ♀	UKS JUNIOR NIETĄŻKOWO	K	K20	2°	10:52.11 (58)	22:07.74 (59,-1)	33:40.17 (65,-6)	44:58.96 (66,-1)	46:50.14	04:41	0:46:40.78
68	111	KUCHCZYŃSKI KRZYSZTOF		M	M40	21°	11:32.41 (81)	22:49.78 (73,+8)	34:03.95 (70,+3)	45:15.93 (68,+2)	47:09.21	04:43	0:47:00.53
69	169	WIERCIOCH SŁAWOMIR	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M	M50	6°	11:12.52 (74)	22:27.48 (69,+5)	33:53.34 (67,+2)	45:18.64 (69,-2)	47:13.79	04:43	0:47:07.63
70	16	ĆWIAN MARCIN		M	M40	22°	10:53.21 (59)	22:12.96 (61,-2)	33:57.68 (69,-8)	45:29.65 (70,-1)	47:24.89	04:44	0:47:11.42
71	125	NOWAK SZYMON	VELOCE TEAM LESZNO	M	M40	23°	11:25.92 (78)	22:59.44 (77,+1)	34:30.45 (74,+3)	45:43.13 (72,+2)	47:34.55	04:46	0:47:29.53
72	128	GRUSZKOWSKI MAREK	OSP SIEDLNICA	M	M50	7°	10:58.17 (62)	22:18.45 (64,-2)	33:54.51 (68,-4)	45:38.49 (71,-3)	47:39.37	04:46	0:47:34.83
73	122	JAKIMOWICZ ELIGIUSZ		M	M30	19°	11:21.42 (76)	22:58.84 (76)	34:25.98 (73,+3)	45:55.46 (73)	47:42.27	04:46	0:47:36.47
74	144	WOLAŃSKI RAFAŁ	WOLAN CLUB WROCŁAW	M	M40	24°	11:27.42 (79)	22:56.22 (75,+4)	34:36.11 (75)	45:58.03 (75)	47:46.37	04:47	0:47:41.87
75	71	KOWALCZYK SANDRA ♀	ENDORFINA WSCHOWA	K	K30	3°	11:46.63 (85)	23:18.00 (83,+2)	34:40.29 (77,+6)	45:57.45 (74,+3)	47:49.99	04:47	0:47:49.99
76	143	KRAWCZAK KAROLINA ♀		K	K20	3°	11:47.82 (87)	23:39.33 (87)	34:52.53 (80,+7)	46:05.84 (76,+4)	47:55.31	04:47	0:47:44.15
77	34	STUPAK KRZYSZTOF	MATNER RUNNING TEAM	M	M40	25°	11:52.45 (91)	23:31.45 (86,+5)	35:08.28 (83,+3)	46:20.48 (77,+6)	48:13.88	04:49	0:48:05.38
78	162	SZENDRYK MARCIN		M	M30	20°	12:12.95 (97)	24:02.50 (96,+1)	35:51.22 (93,+3)	46:46.33 (80,+13)	48:23.30	04:50	0:48:15.55
79	164	ŚWIĄTEK WOJCIECH		M	M30	21°	11:08.86 (69)	22:38.44 (70,-1)	34:39.62 (76,-6)	46:32.28 (78,-2)	48:24.02	04:50	0:48:18.03
80	38	GŁUSZKO KRZYSZTOF	MIRA TEAM	M	M+60	5°	10:50.12 (56)	22:23.56 (66,-10)	34:23.37 (72,-6)	46:32.68 (79,-7)	48:26.92	04:50	0:48:25.73

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Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	By cat.	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
81	66	KROCHMALNY ROBERT	LESZNO	M	M20	12°	10:59.93 (63)	22:52.04 (74,-11)	34:47.91 (78,-4)	46:49.64 (83,-5)	48:41.88	04:52	0:48:39.83
82	51	BRYCHCY DARIUSZ	ENDORFINA WSCHOWA	M	M40	26°	11:32.68 (82)	23:11.46 (81,+1)	34:58.55 (81)	46:47.99 (82,-1)	48:41.88	04:52	0:48:35.34
83	126	BURDAJEWICZ KATARZYNA	#ZALINIĄMETY	K	K50	2°	11:37.06 (83)	23:16.61 (82,+1)	35:03.05 (82)	46:47.49 (81,+1)	48:46.24	04:53	0:48:41.97
84	77	GOŚCINIAK JACEK		M	M40	27°	11:20.40 (75)	23:00.33 (78,-3)	34:51.13 (79,-1)	46:50.49 (84,-5)	48:48.90	04:53	0:48:41.83
85	133	GLINA TOMASZ	SPRINTEM DO LODÓWKI	M	M40	28°	11:49.05 (88)	23:43.06 (89,-1)	35:17.03 (86,+3)	46:54.96 (85,+1)	48:52.52	04:53	0:48:47.94
86	4	BUKOWSKA LENA	♀ GARDA KLUB BOKSERSKI WĄSOSZ	K	K20	4°	11:53.93 (93)	23:40.88 (88,+5)	35:25.78 (87,+1)	47:01.76 (86,+1)	48:54.46	04:53	0:48:54.46
87	70	ADAMSKA ZOFIA	♀ POCO LOCO ADVENTURE	K	K30	4°	12:11.46 (94)	23:57.53 (92,+2)	35:32.81 (88,+4)	47:04.22 (87,+1)	49:01.95	04:54	0:49:01.95
88	22	CYBULSKI PIOTR		M	M40	29°	11:09.11 (70)	23:04.56 (79,-9)	35:15.45 (85,-6)	47:16.37 (88,-3)	49:15.24	04:55	0:49:15.24
89	75	GOŚCINIAK MACIEJ	LESZNO	M	M50	8°	11:30.31 (80)	23:18.42 (84,-4)	35:11.57 (84)	47:16.74 (89,-5)	49:24.91	04:56	0:49:17.54
90	148	DROBIŃSKA JOANNA	♀ ENDORFINA WSCHOWA	K	K30	5°	11:51.35 (89)	23:43.19 (90,-1)	35:39.01 (91,-1)	47:31.70 (90,+1)	49:35.06	04:58	0:49:28.75
91	47	PRZYBYLSKA EWELINA	♀ ENDORFINA WSCHOWA	K	K40	5°	11:46.25 (84)	23:30.04 (85,-1)	35:35.36 (90,-5)	47:35.92 (91,-1)	49:40.13	04:58	0:49:35.70
92	134	SOKALSKI KRZYSZTOF	DDRT	M	M40	30°	11:10.57 (72)	23:05.09 (80,-8)	35:34.95 (89,-9)	47:48.58 (93,-4)	49:43.27	04:58	0:49:35.63
93	160	MUSZYŃSKI JAKUB		M	M30	22°	12:12.72 (96)	24:02.26 (95,+1)	35:51.11 (92,+3)	47:39.84 (92)	49:46.17	04:59	0:49:37.90
94	68	BINKOWSKI DOMINIK		M	M30	23°	12:11.79 (95)	23:57.98 (93,+2)	35:52.32 (94,-1)	48:00.86 (94)	49:52.21	04:59	0:49:42.22
95	99	KOSTYK GRZEGORZ		M	M40	31°	11:52.99 (92)	24:01.61 (94,-2)	36:09.94 (96,-2)	48:21.90 (95,+1)	50:25.77	05:02	0:50:17.63
96	67	BIEDROWSKI RAFAŁ		M	M50	9°	12:15.32 (99)	24:06.34 (98,+1)	36:09.00 (95,+3)	48:30.07 (96,-1)	50:32.04	05:03	0:50:21.75
97	147	MALESZKA-BAGIŃSKA KINGA		K	K40	6°	11:47.36 (86)	23:57.18 (91,-5)	36:13.50 (97,-6)	48:33.82 (97)	50:32.76	05:03	0:50:27.78
98	166	WUJCZAK BARTOSZ		M	M30	24°	11:52.20 (90)	24:04.16 (97,-7)	36:26.53 (98,-1)	48:40.32 (98)	50:38.56	05:04	0:50:32.88
99	90	KUCZYŃSKI MARCIN	KGHM ZG RUN	M	M50	10°	12:17.80 (102)	24:29.19 (100,+2)	36:47.01 (100)	48:47.68 (99,+1)	50:51.84	05:05	0:50:43.10
100	73	BĘBEN MARCIN		M	M40	32°	12:13.90 (98)	24:09.39 (99,-1)	36:34.34 (99)	48:54.16 (100,-1)	51:00.77	05:06	0:50:51.41
101	103	BOJANOWSKI BŁAŻEJ	WĄSOSZ	M	M30	25°	12:16.64 (100)	24:39.13 (102,-2)	36:54.73 (101,+1)	49:13.81 (101)	51:23.92	05:08	0:51:14.01
102	59	FABJAŃSKI AUGUSTYN		M	M+60	6°	12:17.91 (103)	24:29.96 (101,+2)	36:55.08 (102,-1)	49:21.43 (102)	51:24.89	05:08	0:51:19.57
103	108	MARKULAK MARCIN		M	M40	33°	12:31.91 (110)	24:57.24 (109,+1)	37:14.18 (104,+5)	49:22.28 (103,+1)	51:29.24	05:09	0:51:20.92
104	92	SOBIEŁO MAREK	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M	M40	34°	12:32.05 (111)	24:57.24 (110,+1)	37:14.07 (103,+7)	49:22.40 (104,-1)	51:29.48	05:09	0:51:21.73
105	146	KOSEK MATEUSZ		M	M30	26°	12:31.23 (108)	25:00.22 (114,-6)	37:25.59 (107,+7)	49:34.89 (105,+2)	51:36.97	05:10	0:51:24.94
106	142	STODOŁA AGATA	♀	K	K20	5°	12:22.99 (107)	24:58.29 (111,-4)	37:39.62 (111)	49:49.25 (107,+4)	51:41.08	05:10	0:51:33.87
107	9	KIERNICKA KAMILA	♀	K	K30	6°	12:18.57 (105)	24:42.44 (104,+1)	37:22.58 (106,-2)	49:47.86 (106)	51:45.43	05:11	0:51:35.14
108	29	SADOWSKI MAREK	MUKS SZOK BOJANOWO	M	M50	11°	12:18.44 (104)	24:42.07 (103,+1)	37:22.44 (105,-2)	50:08.54 (108,-3)	52:17.27	05:14	0:52:05.46
109	43	SKOCZYLAS RADOSŁAW	MARATOŃCZYK GÓRA	M	M30	27°	12:34.74 (113)	24:54.96 (107,+6)	37:37.00 (108,-1)	50:14.10 (109,-1)	52:18.96	05:14	0:52:05.25
110	42	ŁUKOWSKI TOMASZ	MARATOŃCZYK GÓRA	M	M30	28°	12:34.74 (112)	24:54.83 (106,+6)	37:38.37 (109,-3)	50:14.30 (110,-1)	52:19.44	05:14	0:52:04.88
111	115	DOMAGAŁA BARTOSZ		M	M30	29°	12:34.95 (114)	24:55.23 (108,+6)	37:38.68 (110,-2)	50:14.97 (111,-1)	52:19.68	05:14	0:52:04.97
112	149	PTAK JOANNA	♀	K	K30	7°	12:40.16 (118)	25:22.35 (117,+1)	37:55.60 (116,+1)	50:19.58 (112,+4)	52:24.28	05:14	0:52:17.82
113	136	SZULC JAKUB		M	M20	13°	12:39.90 (117)	25:22.09 (116,+1)	37:55.36 (115,+1)	50:19.98 (113,+2)	52:41.18	05:16	0:52:33.04
114	113	TERLIKOWSKI ARKADIUSZ	NGB	M	M40	35°	12:43.21 (122)	25:42.03 (120,+2)	38:22.55 (120)	50:40.96 (116,+4)	52:43.84	05:16	0:52:34.24
115	35	FRANCZAK KACPER	NEBRASKA	M	M20	14°	12:53.95 (126)	25:44.40 (124,+2)	38:17.80 (118,+6)	50:45.57 (118)	52:44.32	05:16	0:52:31.16
116	3	CHRRZANOWSKA NATALIA	♀ MANAT SPORT	K	K20	6°	13:03.44 (132)	25:51.08 (127,+5)	38:22.25 (119,+8)	50:39.60 (114,+5)	52:45.78	05:17	0:52:45.78
117	132	PRAWUCKA PAULINA	♀ SPRINTEM DO LODÓWKI	K	K30	8°	12:16.80 (101)	24:43.11 (105,-4)	37:46.20 (114,-9)	50:44.49 (117,-3)	52:46.98	05:17	0:52:37.44
118	153	KOSEK DARIUSZ		M	M50	12°	12:31.26 (109)	25:00.11 (113,-4)	37:39.94 (112,+1)	50:40.55 (115,-3)	52:56.19	05:17	0:52:44.51
119	93	UJEJSKI ROBERT		M	M50	13°	12:35.43 (115)	24:58.46 (112,+3)	37:42.24 (113,-1)	50:59.78 (119,-6)	53:17.45	05:20	0:53:09.89
120	118	NADOLNA WERONIKA	♀ UKS JUNIOR NIETAŻKOWO	K	K20	7°	12:19.19 (106)	25:02.12 (115,-9)	38:14.87 (117,-2)	51:32.43 (120,-3)	53:31.23	05:21	0:53:22.25

XXXII Ogólnopolski Bieg Niepodległości 2025

Ośrodek Kultury Fizycznej w Górze · wtorek, 11 listopada 2025

Wyniki końcowe

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	Kat	By cat.	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
121	140	GROCHAŁA ANNA	♀ WŚCIEKŁY ROBAK	K	K30	9°	12:52.65 (125)	25:45.00 (125)	38:42.96 (121,+4)	51:32.59 (121)	53:39.20	05:22	0:53:32.89
122	36	IWANICKI JERZY	PADALEC KRUSZYNIC	M	M+60	7°	12:54.35 (127)	25:46.16 (126,+1)	38:44.26 (123,+3)	51:39.10 (122,+1)	53:46.93	05:23	0:53:36.59
123	88	HEŚ GRZEGORZ		M	M20	15°	12:51.43 (123)	25:42.62 (121,+2)	38:52.34 (124,-3)	52:03.45 (124)	54:09.14	05:25	0:53:57.19
124	39	WENCEL SYLWIA	♀ BIEGAM BO LUBIĘ	K	K40	7°	12:42.28 (121)	25:41.79 (119,+2)	38:44.06 (122,-3)	51:58.90 (123,-1)	54:13.00	05:25	0:54:03.84
125	120	HAN MAJA	♀ UKS JUNIOR NIETAŹKOWO	K	K20	8°	12:41.01 (119)	25:44.37 (123,-4)	38:59.72 (127,-4)	52:08.87 (125,+2)	54:24.59	05:26	0:54:14.09
126	129	GRUSZKOWSKA KATARZYNA	OSP SIEDLNICA	K	K50	3°	12:41.16 (120)	25:41.48 (118,+2)	38:59.38 (126,-8)	52:23.79 (126)	54:41.71	05:28	0:54:37.74
127	7	WITKO ANDRZEJ		M	M30	30°	13:00.62 (131)	26:15.46 (130,+1)	39:38.00 (131,-1)	52:55.92 (128,+3)	55:03.66	05:30	0:54:52.58
128	87	HEŚ ZBIGNIEW		M	M50	14°	12:51.63 (124)	25:42.90 (122,+2)	38:54.06 (125,-3)	52:49.39 (127,-2)	55:10.42	05:31	0:54:58.97
129	121	BROZIŃSKI KRZYSZTOF	E 10 ZG LUBIN SPRINT RUDNA	M	M50	15°	13:06.81 (133)	26:19.82 (131,+2)	39:35.27 (128,+3)	52:58.95 (131,-3)	55:15.98	05:31	0:55:07.16
130	8	HERNANDEZ DE LUIS JORGE		M	M30	31°	12:59.09 (129)	26:13.51 (128,+1)	39:35.54 (129,-1)	52:58.41 (130,-1)	55:17.43	05:32	0:55:10.03
131	5	BUKOWSKA ADRIANNA	♀	K	K30	10°	12:59.34 (130)	26:14.43 (129,+1)	39:35.68 (130,-1)	52:58.41 (129,+1)	55:17.67	05:32	0:55:11.00
132	11	CZAJA BARTOSZ		M	M20	16°	12:39.66 (116)	26:29.93 (135,-19)	40:41.34 (135)	54:15.40 (135)	56:16.99	05:38	0:56:09.43
133	168	SOBCZAK JAKUB		M	M20	17°	13:21.46 (139)	26:20.60 (134,+5)	40:02.37 (134)	54:09.56 (132,+2)	56:36.04	05:40	0:56:21.67
134	131	ULIASZ JERZY	LKS ISKRA JASZKOWA	M	M50	16°	13:21.14 (137)	26:20.17 (132,+5)	40:02.03 (133,-1)	54:09.86 (133)	56:36.77	05:40	0:56:23.77
135	137	SOBCZAK HUBERT	AKRA-PRODUCENT ZABAWEK	M	M30	32°	13:21.25 (138)	26:20.17 (133,+5)	40:01.92 (132,+1)	54:09.86 (134,-2)	56:37.01	05:40	0:56:24.51
136	155	JANKOWSKI PIOTR		M	M50	17°	13:11.42 (135)	26:49.99 (136,-1)	40:51.32 (136)	54:34.45 (136)	56:43.29	05:40	0:56:33.27
137	19	DUCZEK ALAN		M	M20	18°	13:20.34 (136)	26:54.32 (138,-2)	40:54.88 (138)	54:55.83 (137,+1)	57:00.17	05:42	0:56:44.33
138	159	KUŹMA DARIUSZ	ENDORFINA WSCHOWA	M	M40	36°	12:55.77 (128)	26:50.53 (137,-9)	40:53.92 (137)	55:13.28 (138,-1)	57:32.25	05:45	0:57:27.52
139	25	FEDOROWICZ DARIUSZ		M	M40	37°	13:07.01 (134)	26:57.68 (139,-5)	41:29.62 (139)	56:05.18 (139)	58:36.42	05:52	0:58:22.82
140	117	WOŁKOWIŃSKI KRZYSZTOF		M	M40	38°	14:20.65 (144)	28:33.03 (142,+2)	43:07.70 (142)	57:51.72 (141,+1)	1:00:10.47	06:01	0:59:58.71
141	167	HAGEL JULITA	♀	K	K40	8°	13:48.63 (141)	28:24.00 (141)	42:49.89 (140,+1)	57:50.13 (140)	1:00:28.80	06:03	1:00:25.20
142	41	GARCZYŃSKA RENATA	♀ BRAK	K	K40	9°	14:32.93 (147)	29:00.76 (145,+2)	43:31.66 (144,+1)	58:06.81 (143,+1)	1:00:33.39	06:04	1:00:20.69
143	102	WABERSKA WIOLETTA	♀ AKTYWNA WSCHOWA	K	K+60	1°	14:32.93 (146)	29:00.49 (144,+2)	43:31.66 (143,+1)	58:06.70 (142,+1)	1:00:33.64	06:04	1:00:20.94
144	46	ŻŁOBIŃSKI KRZYSZTOF		M	M30	33°	13:45.51 (140)	28:14.99 (140)	42:54.71 (141,-1)	58:19.20 (144,-3)	1:00:55.11	06:05	1:00:49.35
145	57	JAŚ JOLANTA	♀ LESZNO	K	K50	4°	14:17.29 (143)	28:55.00 (143)	43:52.36 (145,-2)	58:50.14 (145)	1:01:24.54	06:08	1:01:16.57
146	14	CHMIEL ADAM	AKTYWNA GÓRA	M	M50	18°	14:37.37 (148)	29:47.55 (149,-1)	45:19.63 (149)	1:00:26.39 (146,+3)	1:02:57.14	06:18	1:02:46.12
147	100	GARBOWSKA EWELINA	♀	K	K30	11°	14:48.09 (150)	29:39.03 (148,+2)	45:10.01 (147,+1)	1:01:00.26 (147)	1:03:37.65	06:22	1:03:23.39
148	81	SZYSZKA JAROSŁAW		M	M40	39°	14:22.57 (145)	29:09.32 (146,-1)	44:52.42 (146)	1:01:10.49 (148,-2)	1:03:53.58	06:23	1:03:41.26
149	114	NAWROCKI WOJCIECH	BRAK	M	M30	34°	14:47.52 (149)	30:30.98 (151,-2)	46:23.99 (151)	1:01:38.78 (149,+2)	1:04:08.80	06:25	1:03:56.30
150	13	ŻŁOBIŃSKA JOLANTA	♀	K	K30	12°	14:11.69 (142)	29:20.88 (147,-5)	45:19.63 (148,-1)	1:01:47.59 (150,-2)	1:04:32.93	06:27	1:04:28.35
151	56	KUBISIAK JULIA	♀ KS KROTOSZ KROTOSZYN	K	K20	9°	15:21.24 (155)	30:19.10 (150,+5)	45:41.15 (150)	1:02:17.43 (151,-1)	1:04:51.04	06:29	1:04:37.22
152	44	WEIN DARIUSZ		M	M+60	8°	15:01.44 (154)	30:32.71 (152,+2)	46:23.99 (152)	1:02:20.60 (152)	1:05:03.11	06:30	1:04:49.51
153	23	MIKUŚ ALICJA	♀	K	K20	10°	15:29.83 (156)	30:56.85 (156)	46:55.90 (155,+1)	1:02:51.07 (154,+1)	1:05:35.72	06:34	1:05:23.32
154	78	BARTOSIEWICZ JAKUB	MANCHESTER UNITED	M	M30	35°	15:31.20 (159)	30:57.48 (158,+1)	46:56.66 (156,+2)	1:02:48.45 (153,+3)	1:05:35.96	06:34	1:05:22.83
155	40	ŁOPUSIEWICZ ANNA	♀	K	K40	10°	15:30.96 (157)	30:57.12 (157)	46:41.69 (154,+3)	1:02:55.95 (155,-1)	1:05:35.96	06:34	1:05:35.96
156	127	POŚLEDNIK AGNIESZKA	♀	K	K40	11°	15:00.33 (153)	30:45.43 (155,-2)	47:11.26 (157,-2)	1:03:22.85 (158,-1)	1:05:51.92	06:35	1:05:41.08
157	82	KAROLCZAK TOMASZ	KILINSKIEGO TEAM	M	M50	19°	15:00.02 (152)	30:45.21 (154,-2)	47:23.07 (158,-4)	1:03:22.53 (157,+1)	1:05:52.40	06:35	1:05:41.56
158	158	DUBICKI MICHAŁ		M	M30	36°	14:56.49 (151)	30:39.09 (153,-2)	46:35.77 (153)	1:03:20.67 (156,-3)	1:06:10.28	06:37	1:05:59.74
159	69	MAĆKOWIAK SONIA	♀	K	K30	13°	15:31.09 (158)	32:16.93 (159,-1)	49:51.89 (159)	1:07:44.89 (159)	1:11:08.49	07:07	1:10:57.04