

XXXII Ogólnopolski Bieg Niepodległości 2025

Ośrodek Kultury Fizycznej w Górze · wtorek, 11 listopada 2025

Wyniki końcowe - KAT. WIEKOWE

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
K20 (9)											
1	145	OSTROWSKA KLAUDIA	♀ UKS JUNIOR NIETAŹKOWO	K	10:52.11 (1)	22:07.74 (1)	33:40.17 (1)	44:58.96 (1)	46:50.14	04:41	0:46:40.78
2	143	KRAWCZAK KAROLINA	♀	K	11:47.82 (2)	23:39.33 (2)	34:52.53 (2)	46:05.84 (2)	47:55.31	04:47	0:47:44.15
3	4	BUKOWSKA LENA	♀ GARDA KLUB BOKSERSKI WĄSOSZ	K	11:53.93 (3)	23:40.88 (3)	35:25.78 (3)	47:01.76 (3)	48:54.46	04:53	0:48:54.46
4	142	STODOŁA AGATA	♀	K	12:22.99 (5)	24:58.29 (4,+1)	37:39.62 (4)	49:49.25 (4)	51:41.08	05:10	0:51:33.87
5	3	CHRZANOWSKA NATALIA	♀ MANAT SPORT	K	13:03.44 (7)	25:51.08 (7)	38:22.25 (6,+1)	50:39.60 (5,+1)	52:45.78	05:17	0:52:45.78
6	118	NADOLNA WERONIKA	♀ UKS JUNIOR NIETAŹKOWO	K	12:19.19 (4)	25:02.12 (5,-1)	38:14.87 (5)	51:32.43 (6,-1)	53:31.23	05:21	0:53:22.25
7	120	HAN MAJA	♀ UKS JUNIOR NIETAŹKOWO	K	12:41.01 (6)	25:44.37 (6)	38:59.72 (7,-1)	52:08.87 (7)	54:24.59	05:26	0:54:14.09
8	56	KUBISIAK JULIA	♀ KS KROTOSZ KROTOSZYN	K	15:21.24 (8)	30:19.10 (8)	45:41.15 (8)	1:02:17.43 (8)	1:04:51.04	06:29	1:04:37.22
9	23	MIKUŚ ALICJA	♀	K	15:29.83 (9)	30:56.85 (9)	46:55.90 (9)	1:02:51.07 (9)	1:05:35.72	06:34	1:05:23.32
K30 (11)											
1	71	KOWALCZYK SANDRA	♀ ENDORFINA WSCHOWA	K	11:46.63 (1)	23:18.00 (1)	34:40.29 (1)	45:57.45 (1)	47:49.99	04:47	0:47:49.99
2	70	ADAMSKA ZOFIA	♀ POCO LOCO ADVENTURE	K	12:11.46 (3)	23:57.53 (3)	35:32.81 (2,+1)	47:04.22 (2)	49:01.95	04:54	0:49:01.95
3	148	DROBIŃSKA JOANNA	♀ ENDORFINA WSCHOWA	K	11:51.35 (2)	23:43.19 (2)	35:39.01 (3,-1)	47:31.70 (3)	49:35.06	04:58	0:49:28.75
4	9	KIERNICKA KAMILA	♀	K	12:18.57 (5)	24:42.44 (4,+1)	37:22.58 (4)	49:47.86 (4)	51:45.43	05:11	0:51:35.14
5	149	PTAK JOANNA	♀	K	12:40.16 (6)	25:22.35 (6)	37:55.60 (6)	50:19.58 (5,+1)	52:24.28	05:14	0:52:17.82
6	132	PRAWUCKA PAULINA	♀ SPRINTEM DO ŁODÓWKI	K	12:16.80 (4)	24:43.11 (5,-1)	37:46.20 (5)	50:44.49 (6,-1)	52:46.98	05:17	0:52:37.44
7	140	GROCHAŁA ANNA	♀ WŚCIEKŁY ROBAK	K	12:52.65 (7)	25:45.00 (7)	38:42.96 (7)	51:32.59 (7)	53:39.20	05:22	0:53:32.89
8	5	BUKOWSKA ADRIANNA	♀	K	12:59.34 (8)	26:14.43 (8)	39:35.68 (8)	52:58.41 (8)	55:17.67	05:32	0:55:11.00
9	100	GARBOWSKA EWELINA	♀	K	14:48.09 (10)	29:39.03 (10)	45:10.01 (9,+1)	1:01:00.26 (9)	1:03:37.65	06:22	1:03:23.39
10	13	ŻŁOBIŃSKA JOLANTA	♀	K	14:11.69 (9)	29:20.88 (9)	45:19.63 (10,-1)	1:01:47.59 (10)	1:04:32.93	06:27	1:04:28.35
11	69	MAĆKOWIAK SONIA	♀	K	15:31.09 (11)	32:16.93 (11)	49:51.89 (11)	1:07:44.89 (11)	1:11:08.49	07:07	1:10:57.04
K40 (10)											
1	124	RABIEGA MONIKA	♀ #BIEGAJLESZNO	K	10:25.40 (1)	21:17.09 (1)	32:16.10 (1)	43:25.80 (1)	45:21.80	04:32	0:45:20.61
2	64	UJEJSKA DANUTA	♀ RUNTEAM RYDZYNA	K	10:31.36 (2)	21:42.80 (2)	32:56.73 (2)	44:09.67 (2)	46:02.57	04:36	0:46:00.38
3	48	SYDORCZYK MAGDALENA	♀ ENDORFINA WSCHOWA	K	11:08.63 (3)	22:19.23 (3)	33:36.93 (3)	44:55.85 (3)	46:46.26	04:41	0:46:42.82
4	47	PRZYBYLSKA EWELINA	♀ ENDORFINA WSCHOWA	K	11:46.25 (4)	23:30.04 (4)	35:35.36 (4)	47:35.92 (4)	49:40.13	04:58	0:49:35.70
5	147	MALESZKA-BAGIŃSKA KINGA	♀	K	11:47.36 (5)	23:57.18 (5)	36:13.50 (5)	48:33.82 (5)	50:32.76	05:03	0:50:27.78
6	39	WENCEL SYLWIA	♀ BIEGAM BO LUBIĘ	K	12:42.28 (6)	25:41.79 (6)	38:44.06 (6)	51:58.90 (6)	54:13.00	05:25	0:54:03.84
7	167	HAGEL JULITA	♀	K	13:48.63 (7)	28:24.00 (7)	42:49.89 (7)	57:50.13 (7)	1:00:28.80	06:03	1:00:25.20
8	41	GARCZYŃSKA RENATA	♀ BRAK	K	14:32.93 (8)	29:00.76 (8)	43:31.66 (8)	58:06.81 (8)	1:00:33.39	06:04	1:00:20.69
9	40	ŁOPUSIEWICZ ANNA	♀	K	15:30.96 (10)	30:57.12 (10)	46:41.69 (9,+1)	1:02:55.95 (9)	1:05:35.96	06:34	1:05:35.96
10	127	POŚLEDNIK AGNIESZKA	♀	K	15:00.33 (9)	30:45.43 (9)	47:11.26 (10,-1)	1:03:22.85 (10)	1:05:51.92	06:35	1:05:41.08
K50 (3)											
1	126	BURDAJEWICZ KATARZYNA	♀ #ZALINIĄMETY	K	11:37.06 (1)	23:16.61 (1)	35:03.05 (1)	46:47.49 (1)	48:46.24	04:53	0:48:41.97
2	129	GRUSZKOWSKA KATARZYNA	♀ OSP SIEDLNICA	K	12:41.16 (2)	25:41.48 (2)	38:59.38 (2)	52:23.79 (2)	54:41.71	05:28	0:54:37.74
3	57	JAŚ JOLANTA	♀ LESZNO	K	14:17.29 (3)	28:55.00 (3)	43:52.36 (3)	58:50.14 (3)	1:01:24.54	06:08	1:01:16.57

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Wyniki końcowe - KAT. WIEKOWE

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
K60 (K+60) (1)											
1	102	WABERSKA WIOLETTA	AKTYWNA WSCHOWA	K	14:32.93 (1)	29:00.49 (1)	43:31.66 (1)	58:06.70 (1)	1:00:33.64	06:04	1:00:20.94
M20 (16)											
1	61	ŚLIWIŃSKI BARTOSZ	DTR BIEGA / MARIO TEAM	M	9:14.48 (1)	18:35.31 (1)	28:01.59 (1)	37:14.31 (1)	38:41.43	03:52	0:38:39.61
2	1	RATAJCZAK KRZYSZTOF		M	10:13.32 (3)	20:31.18 (3)	30:53.42 (3)	41:00.76 (3)	42:37.30	04:16	0:42:30.20
3	28	WIĘCOWSKI IGOR		M	9:39.29 (2)	19:46.34 (2)	30:14.83 (2)	40:58.80 (2)	42:54.42	04:17	0:42:51.60
4	12	TUKINDORF ŁUKASZ	YOURKAYA SPORTS CLUB	M	10:16.75 (5)	20:55.74 (4,+1)	31:31.00 (4)	42:08.55 (4)	43:48.94	04:23	0:43:43.96
5	110	DEREŃ ŁUKASZ		M	11:01.21 (8)	21:50.49 (6,+2)	32:42.20 (5,+1)	43:39.16 (5)	45:31.46	04:33	0:45:23.63
6	50	BECMER DAMIAN		M	10:16.62 (4)	21:27.26 (5,-1)	32:51.85 (6,-1)	43:52.17 (6)	45:47.13	04:35	0:45:41.37
7	106	BIAŁEK PAWEŁ		M	11:10.11 (9)	22:16.26 (7,+2)	33:28.32 (7)	44:04.73 (7)	45:57.02	04:36	0:45:51.39
8	21	RZAŚA TOMASZ		M	11:21.95 (10)	22:39.39 (8,+2)	33:51.04 (8)	44:35.93 (8)	46:04.02	04:37	0:45:54.86
9	37	IWASIKÓW WIKTOR		M	10:51.62 (6)	22:43.35 (9,-3)	34:06.76 (9)	45:06.51 (9)	46:39.74	04:40	0:46:39.03
10	66	KROCHMALNY ROBERT	LESZNO	M	10:59.93 (7)	22:52.04 (10,-3)	34:47.91 (10)	46:49.64 (10)	48:41.88	04:52	0:48:39.83
11	136	SZULC JAKUB		M	12:39.90 (12)	25:22.09 (11,+1)	37:55.36 (11)	50:19.98 (11)	52:41.18	05:16	0:52:33.04
12	35	FRANCZAK KACPER	NEBRASKA	M	12:53.95 (14)	25:44.40 (13,+1)	38:17.80 (12,+1)	50:45.57 (12)	52:44.32	05:16	0:52:31.16
13	88	HEŚ GRZEGORZ		M	12:51.43 (13)	25:42.62 (12,+1)	38:52.34 (13,-1)	52:03.45 (13)	54:09.14	05:25	0:53:57.19
14	11	CZAJA BARTOSZ		M	12:39.66 (11)	26:29.93 (15,-4)	40:41.34 (15)	54:15.40 (15)	56:16.99	05:38	0:56:09.43
15	168	SOBCZAK JAKUB		M	13:21.46 (16)	26:20.60 (14,+2)	40:02.37 (14)	54:09.56 (14)	56:36.04	05:40	0:56:21.67
16	19	DUCZEK ALAN		M	13:20.34 (15)	26:54.32 (16,-1)	40:54.88 (16)	54:55.83 (16)	57:00.17	05:42	0:56:44.33
M30 (35)											
1	156	KRÓL KAMIL	OŚ RACING TEAM	M	9:13.73 (2)	18:38.71 (2)	28:03.91 (2)	37:15.78 (1,+1)	38:49.88	03:53	0:38:47.25
2	104	ANDRZEJEWSKI DROGOSZ		M	8:57.61 (1)	18:28.53 (1)	28:01.96 (1)	37:28.96 (2,-1)	39:13.04	03:55	0:39:13.04
3	112	STĘPIEŃ ŁUKASZ	DTR BIEGA / MARIO TEAM	M	9:37.30 (4)	19:11.07 (3,+1)	28:54.05 (3)	38:30.72 (3)	40:03.94	04:00	0:40:00.91
4	101	GARBOWSKI RAFAŁ	LKS SPARTA PARSZOWICE	M	10:00.38 (8)	19:36.28 (5,+3)	29:18.78 (4,+1)	39:03.26 (4)	40:45.87	04:05	0:40:31.74
5	15	JAZ ŁUKASZ		M	9:42.70 (6)	19:35.07 (4,+2)	29:36.18 (5,-1)	39:39.42 (5)	41:21.08	04:08	0:41:21.08
6	58	SALA ADRIAN	SB DOGORYWANKO	M	9:52.83 (7)	19:47.64 (7)	29:47.55 (6,+1)	39:47.28 (6)	41:25.18	04:08	0:41:25.18
7	163	ŚWIĄTEK DOMINIK		M	10:06.19 (10)	20:18.09 (9,+1)	30:26.75 (8,+1)	40:15.81 (7,+1)	41:52.18	04:11	0:41:50.23
8	85	WACHOWIAK KAROL	DTR BIEGA / MARIO TEAM	M	9:36.77 (3)	19:39.41 (6,-3)	30:13.46 (7,-1)	40:39.68 (8,-1)	42:18.01	04:14	0:42:15.45
9	53	WOJCIESZONEK KRZYSZTOF	WYDZIAŁ ŻANDARMERII WOJSKOWEJ WE WROCŁAWIU	M	10:19.29 (12)	20:41.24 (12)	31:17.39 (11,+1)	41:42.80 (9,+2)	43:26.75	04:20	0:43:21.23
10	27	GŁUSZKO KRZYSZTOF	MIRA-TEAM	M	10:03.92 (9)	20:28.08 (10,-1)	31:11.87 (10)	41:59.14 (11,-1)	43:40.25	04:22	0:43:37.75
11	63	NAWROCKI RADOŚLAW	BRAK	M	9:37.71 (5)	20:07.97 (8,-3)	30:53.31 (9,-1)	41:52.71 (10,-1)	43:47.25	04:23	0:43:44.75
12	24	SYMULEWICZ WOJCIECH		M	10:32.88 (14)	21:05.89 (13,+1)	31:47.01 (13)	42:21.39 (12,+1)	44:05.81	04:25	0:44:01.04
13	49	STRÓŻYK ARTUR	ARDOM CHOJNO	M	10:07.80 (11)	20:39.00 (11)	31:30.55 (12,-1)	42:30.06 (13,-1)	44:39.58	04:28	0:44:37.39
14	60	BAUM MAREK		M	10:57.81 (16)	21:45.27 (16)	32:20.83 (14,+2)	42:58.72 (14)	44:39.82	04:28	0:44:31.85
15	130	RZYSKI MICHAŁ		M	10:40.95 (15)	21:24.03 (14,+1)	32:35.28 (15,-1)	43:55.78 (15)	45:52.92	04:35	0:45:45.36
16	76	FURYK MATEUSZ	ENDORFINA WSCHOWA	M	10:32.32 (13)	21:33.99 (15,-2)	32:54.08 (16,-1)	44:19.35 (16)	46:12.23	04:37	0:46:05.56
17	65	PLUTA PIOTR		M	11:10.94 (18)	22:24.86 (17,+1)	33:36.51 (17)	44:29.06 (17)	46:19.22	04:38	0:46:12.80
18	122	JAKIMOWICZ ELIGIUSZ		M	11:21.42 (19)	22:58.84 (19)	34:25.98 (18,+1)	45:55.46 (18)	47:42.27	04:46	0:47:36.47
19	162	SZENDRYK MARCIN		M	12:12.95 (23)	24:02.50 (22,+1)	35:51.22 (21,+1)	46:46.33 (20,+1)	48:23.30	04:50	0:48:15.55

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Poz.	Nr	Nazwisko, Imię	Klub	Płeć	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
M30 (continued)											
20	164	ŚWIĄTEK WOJCIECH		M	11:08.86 (17)	22:38.44 (18,-1)	34:39.62 (19,-1)	46:32.28 (19)	48:24.02	04:50	0:48:18.03
21	160	MUSZYŃSKI JAKUB		M	12:12.72 (22)	24:02.26 (21,+1)	35:51.11 (20,+1)	47:39.84 (21,-1)	49:46.17	04:59	0:49:37.90
22	68	BINKOWSKI DOMINIK		M	12:11.79 (21)	23:57.98 (20,+1)	35:52.32 (22,-2)	48:00.86 (22)	49:52.21	04:59	0:49:42.22
23	166	WUJCZAK BARTOSZ		M	11:52.20 (20)	24:04.16 (23,-3)	36:26.53 (23)	48:40.32 (23)	50:38.56	05:04	0:50:32.88
24	103	BOJANOWSKI BŁAŻEJ	WAŚOSZ	M	12:16.64 (24)	24:39.13 (24)	36:54.73 (24)	49:13.81 (24)	51:23.92	05:08	0:51:14.01
25	146	KOSEK MATEUSZ		M	12:31.23 (25)	25:00.22 (28,-3)	37:25.59 (25,+3)	49:34.89 (25)	51:36.97	05:10	0:51:24.94
26	43	SKOCZYŁAS RADOSŁAW	MARATOŃCZYK GÓRA	M	12:34.74 (26)	24:54.96 (26)	37:37.00 (26)	50:14.10 (26)	52:18.96	05:14	0:52:05.25
27	42	ŁUKOWSKI TOMASZ	MARATOŃCZYK GÓRA	M	12:34.74 (26)	24:54.83 (25,+1)	37:38.37 (27,-2)	50:14.30 (27)	52:19.44	05:14	0:52:04.88
28	115	DOMAGAŁA BARTOSZ		M	12:34.95 (28)	24:55.23 (27,+1)	37:38.68 (28,-1)	50:14.97 (28)	52:19.68	05:14	0:52:04.97
29	7	WITKO ANDRZEJ		M	13:00.62 (30)	26:15.46 (30)	39:38.00 (30)	52:55.92 (29,+1)	55:03.66	05:30	0:54:52.58
30	8	HERNANDEZ DE LUIS JORGE		M	12:59.09 (29)	26:13.51 (29)	39:35.54 (29)	52:58.41 (30,-1)	55:17.43	05:32	0:55:10.03
31	137	SOBCZAK HUBERT	AKRA-PRODUCENT ZABAWEK	M	13:21.25 (31)	26:20.17 (31)	40:01.92 (31)	54:09.86 (31)	56:37.01	05:40	0:56:24.51
32	46	ŻŁOBIŃSKI KRZYSZTOF		M	13:45.51 (32)	28:14.99 (32)	42:54.71 (32)	58:19.20 (32)	1:00:55.11	06:05	1:00:49.35
33	114	NAWROCKI WOJCIECH	BRAK	M	14:47.52 (33)	30:30.98 (33)	46:23.99 (33)	1:01:38.78 (33)	1:04:08.80	06:25	1:03:56.30
34	78	BARTOSIEWICZ JAKUB	MANCHESTER UNITED	M	15:31.20 (35)	30:57.48 (35)	46:56.66 (35)	1:02:48.45 (34,+1)	1:05:35.96	06:34	1:05:22.83
35	158	DUBICKI MICHAŁ		M	14:56.49 (34)	30:39.09 (34)	46:35.77 (34)	1:03:20.67 (35,-1)	1:06:10.28	06:37	1:05:59.74
M40 (37)											
1	119	KULCZYCKI RAFAŁ	PARKRUN LUBIN	M	9:06.80 (1)	18:29.54 (1)	28:01.82 (1)	37:17.05 (1)	38:47.23	03:53	0:38:47.23
2	74	SERAFIN PIOTR		M	9:13.99 (2)	18:37.71 (2)	28:03.05 (2)	37:27.70 (2)	39:06.05	03:55	0:39:03.55
3	84	POSACKI ZBIGNIEW	WOŁÓW BIEGA	M	9:31.11 (5)	18:55.29 (5)	28:25.32 (4,+1)	37:47.99 (3,+1)	39:16.66	03:56	0:39:11.86
4	96	ŁUKASZCZYK KRZYSZTOF	KGHM ZG RUN	M	9:22.77 (3)	18:40.51 (3)	28:09.28 (3)	37:47.99 (3)	39:29.68	03:57	0:39:26.54
5	109	KIDOŃ PIOTR		M	9:26.98 (4)	18:52.62 (4)	28:26.31 (5,-1)	38:07.27 (5)	39:48.50	03:59	0:39:46.06
6	97	KRAŚIŃSKI JAROSŁAW	TUPTATUTEAM	M	9:36.39 (6)	19:35.47 (6)	29:45.84 (7,-1)	39:36.67 (6,+1)	41:17.45	04:08	0:41:14.09
7	135	HANKIEWICZ ŁUKASZ		M	9:38.26 (7)	19:36.92 (7)	29:45.19 (6,+1)	39:48.39 (7,-1)	41:28.32	04:09	0:41:23.11
8	141	GROCHAŁA WOJCIECH	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	M	9:49.90 (9)	19:51.34 (9)	30:05.09 (8,+1)	40:16.46 (8)	41:59.66	04:12	0:41:56.42
9	98	KUREK JAROSŁAW	ENDORFINA WSCHOWA	M	10:05.23 (11)	20:09.96 (11)	30:22.03 (10,+1)	40:27.97 (10)	42:02.31	04:12	0:41:58.04
10	45	WOJCIECHOWSKI KAMIL	WATAHA	M	9:45.71 (8)	19:49.86 (8)	30:05.39 (9,-1)	40:27.24 (9)	42:11.25	04:13	0:42:10.88
11	62	KONKOL KONRAD	35PLUS MIASTKO PRO-FIT-BIKE	M	9:50.04 (10)	19:53.54 (10)	30:24.10 (11,-1)	40:58.80 (11)	42:50.32	04:17	0:42:46.59
12	17	UŚCIŁO MICHAŁ		M	10:11.99 (14)	20:28.86 (12,+2)	30:56.51 (12)	41:27.42 (12)	43:13.00	04:19	0:43:09.56
13	72	KAPIEC ROBERT	PARKRUN LUBIN	M	10:10.02 (12)	20:39.00 (13,-1)	31:32.48 (13)	42:29.92 (13)	44:16.19	04:26	0:44:13.24
14	139	PAWLICKI RAFAŁ		M	10:36.84 (15)	21:17.44 (15)	31:58.35 (14,+1)	42:38.14 (14)	44:28.25	04:27	0:44:23.52
15	161	BŁAŻEJEWSKI ŁUKASZ		M	10:10.35 (13)	21:05.61 (14,-1)	32:12.73 (15,-1)	43:16.35 (15)	45:11.66	04:31	0:45:08.68
16	18	TADLA WIKTOR		M	11:07.56 (19)	22:09.69 (18,+1)	32:59.84 (17,+1)	43:35.63 (16,+1)	45:16.01	04:32	0:45:12.17
17	20	BŁASZCZYK TOMASZ	BEZ KLUBA	M	10:44.79 (16)	21:44.09 (16)	32:58.69 (16)	44:28.35 (17,-1)	46:25.98	04:38	0:46:19.91
18	2	JANOWSKI PRZEMYSŁAW	TAKŻE TEGO...	M	10:47.48 (17)	22:06.71 (17)	33:36.93 (18,-1)	44:52.01 (18)	46:44.81	04:40	0:46:38.39
19	111	KUCHCZYŃSKI KRZYSZTOF		M	11:32.41 (25)	22:49.78 (20,+5)	34:03.95 (20)	45:15.93 (19,+1)	47:09.21	04:43	0:47:00.53
20	16	ĆWIAN MARCIN		M	10:53.21 (18)	22:12.96 (19,-1)	33:57.68 (19)	45:29.65 (20,-1)	47:24.89	04:44	0:47:11.42
21	125	NOWAK SZYMON	VELOCE TEAM LESZNO	M	11:25.92 (23)	22:59.44 (22,+1)	34:30.45 (21,+1)	45:43.13 (21)	47:34.55	04:46	0:47:29.53

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Wyniki końcowe - KAT. WIEKOWE

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
M40 (continued)											
22	144	WOLAŃSKI RAFAŁ	WOLAN CLUB WROCŁAW	M	11:27.42 (24)	22:56.22 (21,+3)	34:36.11 (22,-1)	45:58.03 (22)	47:46.37	04:47	0:47:41.87
23	34	STUPAK KRZYSZTOF	MATNER RUNNING TEAM	M	11:52.45 (28)	23:31.45 (27,+1)	35:08.28 (25,+2)	46:20.48 (23,+2)	48:13.88	04:49	0:48:05.38
24	51	BRYCHCY DARIUSZ	ENDORFINA WSCHOWA	M	11:32.68 (26)	23:11.46 (26)	34:58.55 (24,+2)	46:47.99 (24)	48:41.88	04:52	0:48:35.34
25	77	GOŚCINIAK JACEK		M	11:20.40 (22)	23:00.33 (23,-1)	34:51.13 (23)	46:50.49 (25,-2)	48:48.90	04:53	0:48:41.83
26	133	GLINA TOMASZ	SPRINTEM DO LODÓWKI	M	11:49.05 (27)	23:43.06 (28,-1)	35:17.03 (27,+1)	46:54.96 (26,+1)	48:52.52	04:53	0:48:47.94
27	22	CYBULSKI PIOTR		M	11:09.11 (20)	23:04.56 (24,-4)	35:15.45 (26,-2)	47:16.37 (27,-1)	49:15.24	04:55	0:49:15.24
28	134	SOKALSKI KRZYSZTOF	DDRT	M	11:10.57 (21)	23:05.09 (25,-4)	35:34.95 (28,-3)	47:48.58 (28)	49:43.27	04:58	0:49:35.63
29	99	KOSTYK GRZEGORZ		M	11:52.99 (29)	24:01.61 (29)	36:09.94 (29)	48:21.90 (29)	50:25.77	05:02	0:50:17.63
30	73	BĘBEN MARCIN		M	12:13.90 (30)	24:09.39 (30)	36:34.34 (30)	48:54.16 (30)	51:00.77	05:06	0:50:51.41
31	108	MARKULAK MARCIN		M	12:31.91 (31)	24:57.24 (31)	37:14.18 (32,-1)	49:22.28 (31,+1)	51:29.24	05:09	0:51:20.92
32	92	SOBIŁO MAREK	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M	12:32.05 (32)	24:57.24 (31,+1)	37:14.07 (31)	49:22.40 (32,-1)	51:29.48	05:09	0:51:21.73
33	113	TERLIKOWSKI ARKADIUSZ	NGB	M	12:43.21 (33)	25:42.03 (33)	38:22.55 (33)	50:40.96 (33)	52:43.84	05:16	0:52:34.24
34	159	KUŹMA DARIUSZ	ENDORFINA WSCHOWA	M	12:55.77 (34)	26:50.53 (34)	40:53.92 (34)	55:13.28 (34)	57:32.25	05:45	0:57:27.52
35	25	FEDOROWICZ DARIUSZ		M	13:07.01 (35)	26:57.68 (35)	41:29.62 (35)	56:05.18 (35)	58:36.42	05:52	0:58:22.82
36	117	WOŁKOWIŃSKI KRZYSZTOF		M	14:20.65 (36)	28:33.03 (36)	43:07.70 (36)	57:51.72 (36)	1:00:10.47	06:01	0:59:58.71
37	81	SZYSZKA JAROSŁAW		M	14:22.57 (37)	29:09.32 (37)	44:52.42 (37)	1:01:10.49 (37)	1:03:53.58	06:23	1:03:41.26
M50 (19)											
1	10	KASPRZAK KRZYSZTOF	SPEED ŻÓŁWIK	M	9:43.50 (1)	19:52.43 (1)	30:11.70 (1)	40:25.61 (1)	42:01.59	04:12	0:41:57.36
2	123	RABIEGA SZCZEPAN	#BIEGAJLESZNO	M	10:01.76 (2)	20:39.00 (3,-1)	30:36.55 (2,+1)	40:58.00 (2)	42:34.16	04:16	0:42:31.72
3	54	NOWIŃSKI RAFAŁ	ENDORFINA WSCHOWA	M	10:12.77 (3)	20:26.94 (2,+1)	30:51.46 (3,-1)	41:20.41 (3)	43:06.48	04:19	0:43:02.14
4	107	KMIOTEK PAWEŁ	BANK SPÓŁDZIELCZY W ŻMIGRODZIE	M	10:32.29 (4)	21:18.72 (4)	32:13.95 (4)	43:27.71 (4)	45:11.42	04:31	0:45:05.90
5	30	NOWAKOWSKI MAREK	RUNNING FAMILY	M	10:57.38 (5)	22:13.87 (5)	33:39.83 (5)	44:58.45 (5)	46:48.44	04:41	0:46:47.44
6	169	WIERCIOCH SŁAWOMIR	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	M	11:12.52 (7)	22:27.48 (7)	33:53.34 (6,+1)	45:18.64 (6)	47:13.79	04:43	0:47:07.63
7	128	GRUSZKOWSKI MAREK	OSP SIEDLNICA	M	10:58.17 (6)	22:18.45 (6)	33:54.51 (7,-1)	45:38.49 (7)	47:39.37	04:46	0:47:34.83
8	75	GOŚCINIAK MACIEJ	LESZNO	M	11:30.31 (8)	23:18.42 (8)	35:11.57 (8)	47:16.74 (8)	49:24.91	04:56	0:49:17.54
9	67	BIEDROWSKI RAFAŁ		M	12:15.32 (9)	24:06.34 (9)	36:09.00 (9)	48:30.07 (9)	50:32.04	05:03	0:50:21.75
10	90	KUCZYŃSKI MARCIN	KGHM ZG RUN	M	12:17.80 (10)	24:29.19 (10)	36:47.01 (10)	48:47.68 (10)	50:51.84	05:05	0:50:43.10
11	29	SADOWSKI MAREK	MUKS SZOK BOJANOWO	M	12:18.44 (11)	24:42.07 (11)	37:22.44 (11)	50:08.54 (11)	52:17.27	05:14	0:52:05.46
12	153	KOSEK DARIUSZ		M	12:31.26 (12)	25:00.11 (13,-1)	37:39.94 (12,+1)	50:40.55 (12)	52:56.19	05:17	0:52:44.51
13	93	UJEJSKI ROBERT		M	12:35.43 (13)	24:58.46 (12,+1)	37:42.24 (13,-1)	50:59.78 (13)	53:17.45	05:20	0:53:09.89
14	87	HEŚ ZBIGNIEW		M	12:51.63 (14)	25:42.90 (14)	38:54.06 (14)	52:49.39 (14)	55:10.42	05:31	0:54:58.97
15	121	BROZIŃSKI KRZYSZTOF	E 10 ZG LUBIN SPRINT RUDNA	M	13:06.81 (15)	26:19.82 (15)	39:35.27 (15)	52:58.95 (15)	55:15.98	05:31	0:55:07.16
16	131	ULIASZ JERZY	LKS ISKRA JASZKOWA	M	13:21.14 (17)	26:20.17 (16,+1)	40:02.03 (16)	54:09.86 (16)	56:36.77	05:40	0:56:23.77
17	155	JANKOWSKI PIOTR		M	13:11.42 (16)	26:49.99 (17,-1)	40:51.32 (17)	54:34.45 (17)	56:43.29	05:40	0:56:33.27
18	14	CHMIEL ADAM	AKTYWNA GÓRA	M	14:37.37 (18)	29:47.55 (18)	45:19.63 (18)	1:00:26.39 (18)	1:02:57.14	06:18	1:02:46.12
19	82	KAROLCZAK TOMASZ	KILINSKIEGO TEAM	M	15:00.02 (19)	30:45.21 (19)	47:23.07 (19)	1:03:22.53 (19)	1:05:52.40	06:35	1:05:41.56

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Wyniki końcowe - KAT. WIEKOWE

Poz.	Nr	Nazwisko, Imię	Klub	Płeć	2.4KM	4.8KM	7.2KM	9.6KM	Wynik	Tempo	Czas netto
M60 (M+60) (8)											
1	79	ADAMOWYCZ BOGUSŁAW	BOJADELSKA BRĄĆ BIEGOWA	M	9:53.75 (1)	19:56.06 (1)	30:08.44 (1)	40:28.52 (1)	42:13.90	04:13	0:42:09.59
2	165	JAZ ZYGMUNT		M	10:05.85 (2)	20:42.12 (2)	31:27.14 (2)	42:18.02 (2)	44:11.84	04:25	0:44:11.84
3	150	REJEK WIESŁAW		M	11:00.14 (4)	21:50.68 (3,+1)	32:50.95 (3)	44:07.06 (3)	46:00.16	04:36	0:45:51.18
4	151	SKIBA KRZYSZTOF	DRUŻYNA DOBREJ ENERGII	M	11:08.44 (5)	22:24.73 (5)	33:37.82 (4,+1)	44:48.76 (4)	46:42.88	04:40	0:46:42.88
5	38	GŁUSZKO KRZYSZTOF	MIRA TEAM	M	10:50.12 (3)	22:23.56 (4,-1)	34:23.37 (5,-1)	46:32.68 (5)	48:26.92	04:50	0:48:25.73
6	59	FABJAŃSKI AUGUSTYN		M	12:17.91 (6)	24:29.96 (6)	36:55.08 (6)	49:21.43 (6)	51:24.89	05:08	0:51:19.57
7	36	IWANICKI JERZY	PADALEC KRUSZYNIEC	M	12:54.35 (7)	25:46.16 (7)	38:44.26 (7)	51:39.10 (7)	53:46.93	05:23	0:53:36.59
8	44	WEIN DARIUSZ		M	15:01.44 (8)	30:32.71 (8)	46:23.99 (8)	1:02:20.60 (8)	1:05:03.11	06:30	1:04:49.51