

XXIII Ogólnopolski Bieg Niepodległości Góra 2016

WYNIKI ZAWODÓW

Open

Organizator: SZS Góra, Dom Kultury Góra, Klub Olimpijczyka M. Sypniewskiego

Termin: 11.11.2016

Miejsce: Góra

Dystans: 10 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	Miejscowość City	R-k YoB	W kategorii in Age	Grupa Group	Wynik Total	Wynik Netto	Międzyczasy				Check points			
											1 Runda	2 Runda	3 Runda	4 Runda	1 Runda	2 Runda	3 Runda	4 Runda
1	140	SOBCZAK SEBASTIAN	POL	NOWOSOLSKA GRUPA BIEGOWA	NOWA SÓL	75	M40/1		00:34:59	00:34:59	00:08:34	00:08:46	00:08:50	00:08:38				
2	79	CZARNOJAŃCZYK RAFAŁ	POL		OSTRÓW	75	M40/2		00:35:05	00:35:05	00:08:34	00:08:46	00:08:50	00:08:44				
3	186	SZLENDAK ARKADIUSZ	POL	KSRG ZG LUBIN	LUBIN	90	M20/1		00:35:33	00:35:33	00:08:40	00:08:51	00:09:00	00:08:49				
4	90	GRODECKI SEBASTIAN	POL	KB ZDYSZAAANI CHOCIANÓW	CHOCIANÓW	78	M30/1		00:35:48	00:35:47	00:08:40	00:08:53	00:09:05	00:08:57				
5	74	BIELICKI BARTOSZ	POL	RUNNING TEAM MILICZ	MILICZ	80	M30/2		00:36:01	00:36:00	00:08:58	00:08:58	00:08:58	00:08:55				
6	106	KOMOROWSKI KAROL	POL	ATHLETICS TEAM PRUSICE	TRZEBNICA	82	M30/3		00:36:56	00:36:55	00:08:58	00:09:07	00:09:25	00:09:15				
7	143	SOBERA ŁUKASZ	POL	MLKS ECHO TWARDOGÓRA	TWARDOGÓRA	89	M20/2		00:36:57	00:36:57	00:08:57	00:09:05	00:09:27	00:09:16				
8	61	ZAGUBIEŃ WOJTEK	POL	TUMKO TEAM RUNNERS	GÓRA	77	M30/4	MPG/1	00:37:02	00:37:00	00:09:11	00:09:17	00:09:19	00:09:03				
9	118	MAREK ARTUR	POL	KS KROTOSZ KROTOSZYN	ZDUNY	73	M40/3		00:37:07	00:37:04	00:09:10	00:09:25	00:09:17	00:09:03				
10	31	KWAŚNIK KRZYSZTOF	POL	KGHM POLKOWICE-SIEROSZOWICE	NIECHLÓW	85	M30/5	MPG/2	00:37:22	00:37:22	00:09:10	00:09:25	00:09:16	00:09:17				
11	28	KASPRZAK KRZYSZTOF	POL	SPEED ZÓŁWIK	NARATÓW	71	M40/4	MPG/3	00:37:54	00:37:54	00:09:13	00:09:36	00:09:43	00:09:11				
12	1	PATEREK GRZEGORZ	POL	NIEZRZESZONY	GÓRA	80	M30/6	MPG/4	00:38:00	00:37:59	00:09:09	00:09:26	00:09:47	00:09:23				
13	165	DOMAGAŁA ROBERT	POL	KS KROTOSZ KROTOSZYN	KROTOSZYN	70	M40/5		00:38:03	00:38:02	00:09:09	00:09:26	00:09:34	00:09:39				
14	193	PIHIL PIOTR	POL		WSCHOWA	80	M30/7		00:38:51	00:38:50	00:09:04	00:09:32	00:09:56	00:10:04				
15	144	SOBCZAK HUBERT	POL		RAWICZ	87	M20/3		00:39:00	00:38:58	00:09:43	00:09:45	00:09:47	00:09:33				
16	189	ULIASZ JERZY	POL	LKS ISKRA JASZKOWA	BYSTRZYCA	69	M40/6		00:39:08	00:39:07	00:09:43	00:09:45	00:09:47	00:09:40				
17	141	SOBERA JAN	POL	MLKS ECHO TWARDOGÓRA	TWARDOGÓRA	63	M50/1		00:39:12	00:39:10	00:09:34	00:09:51	00:09:52	00:09:41				
18	119	MARKOWSKI SEBASTIAN	POL	RUNNING TEAM MILICZ	MILICZ	85	M30/8		00:39:16	00:39:15	00:09:44	00:09:50	00:09:56	00:09:34				
19	111	KULCZYCKI RAFAŁ	POL		LUBIN	76	M40/7		00:39:36	00:39:35	00:09:17	00:09:54	00:10:13	00:10:01				
20	184	SOBOŃ MATEUSZ	POL	BIEGAM DLA ZDROWIA	NIESZCZYCE	87	M20/4		00:39:43	00:39:40	00:09:15	00:09:51	00:10:15	00:10:09				
21	157	WOŹNIAK GRZEGORZ	POL		LUBIN	79	M30/9		00:39:45	00:39:43	00:09:28	00:10:02	00:10:16	00:09:46				
22	103	KASPRZAK KRZYSZTOF	POL	KS KROTOSZ KROTOSZYN	KOBIERNO	68	M40/8		00:39:50	00:39:46	00:09:42	00:09:48	00:10:08	00:09:59				
23	122	NOWIŃSKI RAFAŁ	POL	BIEGAJ WSCHOWO !!!	WSCHOWA	74	M40/9		00:40:26	00:40:24	00:10:01	00:10:10	00:10:05	00:10:00				
24	94	GRZEMPOWSKI PIOTR	POL	KS KROTOSZ KROTOSZYN	KROTOSZYN	88	M20/5		00:40:30	00:40:26	00:10:16	00:10:16	00:10:11	00:09:36				
25	59	WOJCIESZONEK KRZYSZTOF	POL	WYDZIAŁ ŻANDARMERII WOJSKOWEJ WE	GÓRA	86	M30/10	MPG/5	00:40:34	00:40:28	00:10:06	00:10:03	00:10:13	00:09:59				
26	71	ADAMOWYCZ BOGDAN	POL	BOJADELSKA BRAĆ BIEGOWA	BOJADŁA	63	M50/2		00:40:55	00:40:51	00:09:57	00:10:06	00:10:19	00:10:18				
27	169	KLUCOWICZ EDWARD	POL	BOJADELSKA BRAĆ BIEGOWA	BOJADŁA	62	M50/3		00:41:08	00:41:04	00:09:59	00:10:13	00:10:30	00:10:12				

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Kraj Nat.	Drużyna Team	Miejscowość City	R-k YoB	W kategorii in Age	Grupa Group	Wynik Total	Wynik Netto	Międzyczasy	Check points		
28	48	RATAJCZAK JACEK	POL		GÓRA	66	M50/4	MPG/6	00:41:10	00:41:06	00:09:51	00:10:22	00:10:29	00:10:17
29	201	PAWLICKI RAFAŁ	POL		PRUSICE	77	M30/11		00:41:12	00:41:08	00:10:19	00:10:14	00:10:18	00:10:09
30	132	PRUSEK PIOTR	POL		ŚRODA ŚLASKA	74	M40/10		00:41:22	00:41:20	00:09:45	00:10:20	00:10:34	00:10:31
31	126	PLESNER RYSZARD	POL	WOŁÓW BIEGA	WOŁÓW	64	M50/5		00:41:31	00:41:29	00:10:04	00:10:24	00:10:32	00:10:18
32	159	ZIELIŃSKI RAFAŁ	POL		RUDNA	76	M40/11		00:41:40	00:41:37	00:09:43	00:10:20	00:10:35	00:10:49
33	196	SITEK WITOLD	POL		OSTRÓW WLKP.	56	M60/1		00:41:40	00:41:36	00:10:11	00:10:21	00:10:29	00:10:27
34	99	JESION IRENEUSZ	POL		LUBIN	69	M40/12		00:41:42	00:41:41	00:09:54	00:10:26	00:10:40	00:10:28
35	80	DYM GRZEGORZ	POL	MTS DRUŻYNA SZPIKU KGHM	LUBIN	79	M30/12		00:41:43	00:41:40	00:10:03	00:10:25	00:10:34	00:10:26
36	178	OBAL MARCIN	POL	KS KROTOSZ KROTOSZYN	ZDUNY	82	M30/13		00:41:47	00:41:43	00:10:17	00:10:32	00:10:35	00:10:12
37	208	NOWACKA MARLENA	POL	JAN-MAR.PL	PIASKI	76	K40/1		00:41:52	00:41:50	00:10:11	00:10:25	00:10:34	00:10:29
38	98	JAWORSKI MATEUSZ	POL	START ŚCINAWA	LUBIN	88	M20/6		00:41:53	00:41:50	00:10:18	00:10:37	00:10:30	00:10:14
39	73	BEKACZ STANISŁAW	POL	START ŚCINAWA	WINSKO	63	M50/6		00:41:56	00:41:49	00:10:29	00:10:25	00:10:30	00:10:18
40	75	BIELAWSKI JAN	POL	START ŚCINAWA	ŚCINAWA	64	M50/7		00:42:05	00:41:58	00:10:30	00:10:24	00:10:31	00:10:27
41	135	REJEK WIESŁAW	POL		KROBIA	55	M60/2		00:42:09	00:42:06	00:10:16	00:10:23	00:10:42	00:10:34
42	117	MAŁYSZCZYK TOMASZ	POL		GŁOGÓW	74	M40/13		00:42:12	00:42:08	00:10:15	00:10:25	00:10:46	00:10:32
43	11	GŁUSZKO KATARZYNA	POL	MIRA TEAM	GÓRA	87	K20/1	MPG/7	00:42:12	00:42:09	00:10:28	00:10:57	00:10:40	00:09:56
44	199	RZEŃNIK MARIUSZ	POL	ROZBIEGANY RAWICZ	RAWICZ	77	M30/14		00:42:15	00:42:08	00:10:20	00:10:29	00:10:44	00:10:29
45	200	KACZMAREK KAROL	POL	ROZIEGANY RAWICZ	RAWICZ	75	M40/14		00:42:16	00:42:09	00:10:21	00:10:29	00:10:44	00:10:29
46	162	CZAJKA ROBERT	POL	KS KROTOSZ KROTOSZYN	ZDUNY	70	M40/15		00:42:16	00:42:14	00:10:17	00:10:31	00:10:50	00:10:28
47	123	NOWAK ŁUKASZ	POL	NIEZRZESZONY	GDYNIA	84	M30/15		00:42:17	00:42:16	00:10:06	00:10:32	00:10:54	00:10:34
48	5	BŁASZCZYK TOMASZ	POL		GÓRA	79	M30/16	MPG/8	00:42:28	00:42:24	00:09:58	00:10:14	00:10:42	00:11:07
49	149	SZNAJDER MARCIN	POL	NOWOSOLSKA GRUPA BIEGOWA	NOWA SÓL	76	M40/16		00:42:29	00:42:27	00:10:22	00:10:34	00:10:36	00:10:43
50	12	GŁUSZKO KRZYSZTOF	POL	MIRA TEAM	GÓRA	58	M50/8	MPG/9	00:42:32	00:42:31	00:10:28	00:10:57	00:10:40	00:10:16
51	102	KALUŻNY KAROL	POL	KS KROTOSZ KROTOSZYN	KROTOSZYN	84	M30/17		00:42:32	00:42:27	00:10:27	00:10:37	00:10:44	00:10:32
52	192	PACHURKA EWA	POL		JAROCIN	91	K20/2		00:42:34	00:42:31	00:10:21	00:10:40	00:10:45	00:10:33
53	101	KACZMAREK ZBIGNIEW	POL	KOLARSTWO TRZEBNICA	TRZEBNICA	72	M40/17		00:42:39	00:42:35	00:10:17	00:10:45	00:10:46	00:10:40
54	134	RABIEGA SZCZEPAN	POL	LUCKY LUKI	LESZNO	75	M40/18		00:42:48	00:42:47	00:10:32	00:10:55	00:10:44	00:10:24
55	146	SÓJKA SERGIUSZ	POL	KS KROTOSZ KROTOSZYN	ŚWINKÓW	00	M20/7		00:43:00	00:42:56	00:10:31	00:10:51	00:10:47	00:10:39
56	174	MAKARCZYK DANIEL	POL	START ŚCINAWA	CHOBHENIA	75	M40/19		00:43:02	00:42:55	00:10:49	00:10:38	00:10:42	00:10:42
57	47	PYPEĆ SEWERYN	POL	MARATOŃCZYK GÓRA	GÓRA	80	M30/18	MPG/10	00:43:02	00:42:57	00:10:39	00:10:44	00:10:49	00:10:39
58	55	UŚCIŁO MICHAŁ	POL	STOWARZYSZENIE CHWYTAJ SPORTOWE	GÓRA	85	M30/19	MPG/11	00:43:02	00:42:55	00:10:17	00:10:37	00:11:02	00:10:52
59	60	WYBIERAŁA TOMASZ	POL	KBL/ NADLEŚNICTWO GÓRA ŚLĄSKA	GÓRA	73	M40/20	MPG/12	00:43:06	00:43:00	00:10:31	00:10:37	00:10:50	00:10:55
60	95	JACKIEWICZ ARKADIUSZ	POL	WKU W GŁOGOWIE	GŁOGÓW	66	M50/9		00:43:14	00:43:04	00:10:48	00:10:45	00:10:54	00:10:37
61	34	LORENC JOANNA	POL		WĄSOSZ	82	K30/1	MPG/13	00:43:21	00:43:18	00:10:49	00:10:46	00:10:56	00:10:35
62	154	URAM ADRIAN	POL		MILICZ	91	M20/8		00:43:23	00:43:19	00:10:23	00:10:45	00:11:04	00:10:54
63	51	SOKOŁOWSKA AGNIESZKA	POL	MARATOŃCZYK GÓRA	GÓRA	77	K30/2	MPG/14	00:43:27	00:43:21	00:10:50	00:10:48	00:10:59	00:10:37
64	27	JOŃCZAK MONIKA	POL	KBL/ NADLEŚNICTWO GÓRA ŚLĄSKA	GÓRA	80	K30/3	MPG/15	00:43:28	00:43:22	00:10:48	00:10:43	00:10:41	00:11:00
65	24	JANIK MATEUSZ	POL	AGENCJA REKLAMOWA ARIAL-MEDIA	NIECHLÓW	87	M20/9	MPG/16	00:43:42	00:43:31	00:11:33	00:11:01	00:10:29	00:10:25
66	120	MARCINIAK JAROSŁAW	POL	KS KROTOSZ KROTOSZYN	KOŹMIN WLKP	76	M40/21		00:43:43	00:43:39	00:10:21	00:10:53	00:11:16	00:11:00
67	185	STAŃCZAK TOMASZ	POL		GOSTYŃ	69	M40/22		00:43:45	00:43:41	00:10:49	00:10:54	00:10:58	00:10:50

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Kraj Nat.</i>	<i>Drużyna Team</i>	<i>Miejscowość City</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupa Group</i>	<i>Wynik Total</i>	<i>Wynik Netto</i>	<i>Międzyczasy</i>	<i>Check points</i>
68	183	SALA ADRIAN	POL	SS.BODAK1889	NOWA SOL	91	M20/10		00:43:52	00:43:51	00:10:25	00:11:02 00:11:12 00:10:59
69	8	BRONIEWICZ DARIUSZ	POL		WASOSZ	80	M30/20	MPG/17	00:44:14	00:44:11	00:10:54	00:10:57 00:11:13 00:10:56
70	54	TADLA WIKTOR	POL		GÓRA	82	M30/21	MPG/18	00:44:52	00:44:50	00:11:17	00:11:21 00:11:08 00:10:52
71	145	SÓJKA RAFAŁ	POL	KS KROTOSZ KROTOSZYN	KOBIERNO	74	M40/23		00:44:52	00:44:47	00:10:31	00:11:05 00:11:31 00:11:32
72	20	ZMUDA MATEUSZ	POL		GÓRA	96	M20/11	MPG/19	00:44:53	00:44:48	00:10:51	00:11:05 00:11:11 00:11:30
73	46	POTOCZNY ŁUKASZ	POL	EUFORIA BIEGACZA	GÓRA	83	M30/22	MPG/20	00:44:57	00:44:53	00:11:00	00:11:09 00:11:17 00:11:16
74	114	ŁUKOWIAK TOMASZ	POL		RAWICZ	87	M20/12		00:45:11	00:45:00	00:11:08	00:11:10 00:11:27 00:11:11
75	77	BODNAR RADOSŁAW	POL		OLAWA	80	M30/23		00:45:13	00:45:08	00:10:50	00:11:27 00:11:31 00:11:12
76	37	ŁYNKO MICHAŁ	POL		GÓRA	84	M30/24	MPG/21	00:45:14	00:45:04	00:11:32	00:11:22 00:11:10 00:10:58
77	150	OTTO TADEUSZ	POL		LESZNO	64	M50/10		00:45:16	00:45:11	00:10:56	00:11:12 00:11:27 00:11:28
78	44	JANKOWSKI PIOTR	POL	M.P.H.T. JANKOWSCY	GÓRA	72	M40/24	MPG/22	00:45:26	00:45:13	00:11:14	00:11:27 00:11:25 00:11:08
79	53	SZUPER ADRIAN	POL		GÓRA	95	M20/13	MPG/23	00:45:31	00:45:23	00:11:27	00:10:33 00:12:08 00:11:14
80	109	KRASINSKI JAREK	POL	KOLARZ Z TRZEBNICY	TRZEBNICA	82	M30/25		00:45:41	00:45:36	00:11:16	00:11:27 00:11:40 00:11:06
81	191	WĄSIEL DANIEL	POL		LUBIN	76	M40/25		00:45:43	00:45:33	00:11:31	00:11:23 00:11:29 00:11:06
82	70	ATRACHIMOWICZ ADAM	POL		GÓRA	85	M30/26	MPG/24	00:45:58	00:45:44	00:11:46	00:11:35 00:11:33 00:10:50
83	121	MODRZYŃSKI JACEK	POL		KROTOSZYN	83	M30/27		00:46:02	00:45:56	00:10:53	00:11:34 00:11:49 00:11:31
84	138	SIEBNER DAWID	POL	C&C SPORTS TEAM	LESZNO	81	M30/28		00:46:06	00:46:03	00:11:24	00:11:43 00:11:30 00:11:13
85	133	RABIEGA MONIKA	POL	LUCKY LUKI	LESZNO	80	K30/4		00:46:09	00:46:08	00:11:13	00:11:29 00:11:37 00:11:37
86	2	ATRACHIMOWICZ PIOTR	POL		NIECHLÓW	88	M20/14	MPG/25	00:46:16	00:46:03	00:11:45	00:11:35 00:11:33 00:11:07
87	195	SOBKOWIAK MACIEJ	POL	KS KROTOSZ KROTOSZYN	KROTOSZYN	89	M20/15		00:46:30	00:46:24	00:11:26	00:11:30 00:11:31 00:11:47
88	83	GARBOWSKI RAFAŁ	POL		LUBIN	90	M20/16		00:46:34	00:46:21	00:11:05	00:11:39 00:11:36 00:11:59
89	36	ŁUKOWSKI TOMASZ	POL	MARATOŃCZYK GÓRA	GÓRA	90	M20/17	MPG/26	00:46:53	00:46:41	00:12:47	00:12:02 00:11:23 00:10:31
90	139	SKRZYPEK TOMASZ	POL	HERMES	TRZEBNICA	71	M40/26		00:46:54	00:46:48	00:11:15	00:11:28 00:11:44 00:12:10
91	156	WOJCIK MAREK	POL	SS.BODAK1889	GLOGOW	70	M40/27		00:47:06	00:47:01	00:11:37	00:12:00 00:11:54 00:11:21
92	6	BOROWSKI DAMIAN	POL	ZAWSZE ZA	GÓRA	84	M30/29	MPG/27	00:47:11	00:47:05	00:11:24	00:11:47 00:11:58 00:11:48
93	100	JUREK ADAM	POL		LUBIN	60	M50/11		00:47:12	00:47:07	00:11:21	00:11:43 00:12:06 00:11:47
94	104	KIAŁKA MICHAŁ	POL	KLUB MOJEJ ŻONY BASI	RAWICZ	70	M40/28		00:47:18	00:47:01	00:12:10	00:11:45 00:11:49 00:11:21
95	92	GRUSZKOWSKI MAREK	POL		WSCHOWA	72	M40/29		00:47:20	00:47:10	00:11:43	00:11:37 00:11:49 00:11:55
96	115	MACIEJEWSKI ANDRZEJ	POL	KS KROTOSZ KROTOSZYN	KROTOSZYN	59	M50/12		00:47:23	00:47:17	00:11:54	00:11:50 00:11:53 00:11:34
97	125	ORPEL MARTYNA	POL	KS KROTOSZ KROTOSZYN	SMOSZEW	92	K20/3		00:47:24	00:47:19	00:11:54	00:11:51 00:11:53 00:11:33
98	30	KULCZYCKI PATRYK	POL		NIECHLÓW	91	M20/18	MPG/28	00:47:27	00:47:14	00:12:45	00:11:50 00:11:36 00:11:02
99	175	NIEŚCIORUK IRENEUSZ	POL	NOWOSOLSKA GRUPA BIEGOWA	NOWA SÓL	56	M60/3		00:47:30	00:47:25	00:11:22	00:11:48 00:12:16 00:11:50
100	58	WOJCIECHOWSKI PAWEŁ	POL		GÓRA	95	M20/19	MPG/29	00:47:41	00:47:31	00:11:40	00:11:54 00:12:03 00:11:51
101	171	KOSARZYCKA ANETA	POL	KB SUKCES ŻMIGRÓD	ŻMIGRÓD	87	K20/4		00:47:44	00:47:40	00:11:17	00:11:59 00:12:15 00:12:00
102	108	KRAŚNIEWSKI KRZYSZTOF	POL	KB SUKCES ŻMIGRÓD	ŻMIGRÓD	65	M50/13		00:47:46	00:47:39	00:11:57	00:11:55 00:12:00 00:11:39
103	15	CHMIEL ADAM	POL	KAJĘCIN BIEGA	GÓRA	75	M40/30	MPG/30	00:47:50	00:47:44	00:12:01	00:11:56 00:12:03 00:11:38
104	23	IWANICKI JERZY	POL	PADALEC KRYSZYNIC	GÓRA	59	M50/14	MPG/31	00:47:51	00:47:41	00:12:01	00:11:55 00:12:03 00:11:38
105	42	MUSIELAK KAROL	POL		GÓRA	85	M30/30	MPG/32	00:47:56	00:47:51	00:11:25	00:11:54 00:12:35 00:11:48
106	66	POJASEK TERESA	POL		GÓRA	62	K50+1	MPG/33	00:48:01	00:47:52	00:11:40	00:11:56 00:12:07 00:12:04
107	130	POPLAWSKI DAREK	POL		WYSOKA	82	M30/31		00:48:39	00:48:26	00:12:28	00:12:04 00:11:53 00:12:00

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Kraj Nat.</i>	<i>Drużyna Team</i>	<i>Miejscowość City</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupa Group</i>	<i>Wynik Total</i>	<i>Wynik Netto</i>	<i>Międzyczasy</i>	<i>Check points</i>
108	131	PRAWUCKA-GLINA PAULINA	POL		RAWICZ	87	K20/5		00:48:43	00:48:31	00:11:52	00:12:15 00:12:18 00:12:05
109	187	SZYMAŃSKI ADAM	POL	KS KROTOSZ KROTOSZYN	KROTOSZYN	71	M40/31		00:48:43	00:48:35	00:12:02	00:12:13 00:12:18 00:11:56
110	86	GLINA TOMASZ	POL		RAWICZ	83	M30/32		00:48:44	00:48:31	00:11:52	00:12:14 00:12:16 00:12:07
111	45	PIEKARNIK MATEUSZ	POL		GÓRA	88	M20/20	MPG/34	00:48:55	00:48:45	00:13:09	00:12:47 00:12:22 00:10:25
112	84	GAWRYCH GRZEGORZ	POL	LESZ NO LIIT RUNNERS	LESZNO	82	M30/33		00:49:15	00:49:12	00:11:25	00:24:32 00:13:02
113	129	POPIELSKA EDYTA	POL	START ŚCINAWA	MŁOSNA	78	K30/5		00:49:21	00:49:16	00:11:44	00:12:19 00:12:33 00:12:29
114	50	SKOCZYŁAS RADOSŁAW	POL	MARATOŃCZYK GÓRA	GÓRA	90	M20/21	MPG/35	00:49:24	00:49:10	00:12:47	00:12:27 00:12:24 00:11:34
115	180	PATELKA ŁUKASZ	POL	4EVER BIKE	LESZNO	80	M30/34		00:49:29	00:49:20	00:13:00	00:12:08 00:12:05 00:12:01
116	112	KUŻMA ŁUKASZ	POL	ZABIEGANI	SŁAWA	77	M30/35		00:49:40	00:49:32	00:12:16	00:12:24 00:12:29 00:12:17
117	9	DZIAŁO PAWEŁ	POL		GÓRA	69	M40/32	MPG/36	00:49:48	00:49:34	00:12:48	00:12:18 00:12:16 00:12:10
118	198	ŁABĘDŹ PIOTR	POL		WROCŁAW	85	M30/36		00:49:57	00:49:53	00:11:29	00:12:29 00:12:49 00:12:55
119	91	GRUSZKIEWICZ ANNA	POL		LESZNO	79	K30/6		00:50:05	00:49:58	00:11:56	00:12:43 00:12:42 00:12:28
120	203	POMYKAŁA TOMASZ	POL	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	82	M30/37		00:50:09	00:50:06	00:12:32	00:12:39 00:12:35 00:12:09
121	41	MIELCAREK TOMASZ	POL	WWW.MASAZE-TOMEK.PL	GÓRA	78	M30/38	MPG/37	00:50:10	00:49:56	00:12:54	00:12:22 00:12:29 00:12:12
122	16	DOKŁADAŃSKI ADAM	POL	SHIMMY SHIMMY YA	GÓRA	90	M20/22	MPG/38	00:50:12	00:50:00	00:12:50	00:12:25 00:12:25 00:12:19
123	65	GŁUSZKO KRZYSZTOF	POL	MIRA TEAM	GÓRA	91	M20/23	MPG/39	00:50:17	00:50:12	00:12:09	00:12:28 00:13:02 00:12:23
124	21	GRABANIA RAFAŁ	POL		GÓRA	86	M30/39	MPG/40	00:50:21	00:50:21	00:11:20	00:12:20 00:13:48 00:12:37
125	113	KUŻMA DALENA	POL	ZABIEGANI	SŁAWA	80	K30/7		00:50:24	00:50:15	00:12:30	00:12:39 00:12:37 00:12:25
126	43	PIETRUSZEWSKI BARTOSZ	POL		ŁĘKANÓW	92	M20/24	MPG/41	00:50:24	00:50:11	00:12:50	00:12:25 00:12:24 00:12:33
127	62	ZAKASZEWSKA ALICJA	POL		GÓRA	71	K40/2	MPG/42	00:50:27	00:50:19	00:12:32	00:12:39 00:12:35 00:12:27
128	107	KOPCZYŃSKA LIDIA	POL		GŁOGÓW	72	K40/3		00:50:49	00:50:39	00:12:22	00:12:44 00:12:43 00:12:46
129	57	WIERUSZEWSKI GRZEGORZ	POL		SUŁKÓW 20	91	M20/25	MPG/43	00:51:26	00:51:22	00:12:50	00:12:55 00:12:41 00:12:49
130	87	GLUMA AGATA	POL	R-TEAM -RYDZYNA	RYDZYNA	96	K20/6		00:51:28	00:51:25	00:12:32	00:13:15 00:12:49 00:12:39
131	52	SZCZEŚNIAK PAWEŁ	POL		GÓRA	76	M40/33	MPG/44	00:51:49	00:51:38	00:13:08	00:12:47 00:12:47 00:12:49
132	152	ŚWIDERSKA ANNA	POL	KS KROTOSZ KROTOSZYN	KROTOSZYN	85	K30/8		00:52:25	00:52:20	00:12:42	00:13:09 00:13:13 00:13:05
133	67	MATUSZEWSKI MARCIN	POL	EUFORIABIEGACZA.PL	GÓRA	82	M30/40	MPG/45	00:52:53	00:52:45	00:13:05	00:13:20 00:13:11 00:13:01
134	68	MATUSZEWSKA IZABELA	POL	EUFORIABIEGACZA.PL	GÓRA	83	K30/9	MPG/46	00:52:53	00:52:45	00:13:05	00:13:19 00:13:12 00:13:00
135	207	WAWRZYŃIAK LEON	POL	KS MARATON OSTRÓW WLKP	OSTRÓW	46	M70+/1		00:53:04	00:53:00	00:12:56	00:13:36 00:13:30 00:12:46
136	197	JANKOWSKA MONIKA	POL		LESZNO	87	K20/7		00:53:12	00:53:09	00:12:45	00:13:15 00:13:30 00:13:25
137	164	DOMAGAŁA PATRYCJA	POL	KS KROTOSZ KROTOSZYN	KROTOSZYN	97	K20/8		00:53:32	00:53:27	00:12:32	00:13:19 00:13:15 00:14:07
138	158	WOŹNICA ROMAN	POL	NIEZRZESZONY	BIERZYCE	71	M40/34		00:53:40	00:53:30	00:13:11	00:13:22 00:13:46 00:13:11
139	33	LEWANDOWSKI GRZEGORZ	POL		GÓRA	74	M40/35	MPG/47	00:53:43	00:53:33	00:13:17	00:13:26 00:13:24 00:13:23
140	205	GIESZCZYŃSKA MAGDALENA	POL	KS MARATON OSTRÓW WLKP	OSTRÓW	80	K30/10		00:54:23	00:54:12	00:13:46	00:13:35 00:13:37 00:13:08
141	173	KYCIA DARIUSZ	POL		ZIELONA GÓRA	68	M40/36		00:54:33	00:54:23	00:13:26	00:13:35 00:13:51 00:13:24
142	13	STOLARCZYK RADOSŁAW	POL	13	GÓRA	80	M30/41	MPG/48	00:54:37	00:54:25	00:14:13	00:13:59 00:13:22 00:12:47
143	56	WALKOWIAK PAWEŁ	POL		WĄSOSZ	85	M30/42	MPG/49	00:54:50	00:54:45	00:12:20	00:13:29 00:14:25 00:14:18
144	29	KIRKIEWICZ LUCYNA	POL		WĄSOSZ	86	K30/11	MPG/50	00:55:04	00:54:54	00:13:09	00:13:27 00:14:02 00:14:09
145	160	SZUMSKA LIDIA	POL	ZABIEGANI	SŁAWA	76	K40/4		00:55:07	00:54:58	00:12:53	00:15:16 00:13:21 00:13:21
146	116	MAŁYŃIAK MONIKA	POL		GŁOGÓW	92	K20/9		00:55:19	00:55:13	00:12:57	00:13:40 00:14:23 00:14:02
147	81	DZIADULEWICZ GRZEGORZ	POL		KOTLA	72	M40/37		00:55:25	00:55:15	00:13:11	00:13:41 00:14:06 00:14:10

<i>Miejsce Rank</i>	<i>Nr Bib</i>	<i>Nazwisko i imię Name</i>	<i>Kraj Nat.</i>	<i>Drużyna Team</i>	<i>Miejscowość City</i>	<i>R-k YoB</i>	<i>W kategorii in Age</i>	<i>Grupa Group</i>	<i>Wynik Total</i>	<i>Wynik Netto</i>	<i>Międzyczasy</i>	<i>Check points</i>
148	64	SADOWSKA KAMILA	POL		SZEDZIEC	92	K20/10	MPG/51	00:55:32	00:55:27	00:12:50	00:13:42 00:14:25 00:14:18
149	93	GRUSZKOWSKA KATARZYNA	POL		WSCHOWA	72	K40/5		00:55:42	00:55:30	00:13:54	00:13:42 00:13:50 00:13:58
150	49	SAWCZYSZYN ANNA	POL		GÓRA	81	K30/12	MPG/52	00:55:49	00:55:45	00:13:09	00:13:58 00:14:26 00:14:00
151	22	HANUSIAK - CEBENKO JOLANTA	POL		GÓRA	79	K30/13	MPG/53	00:55:53	00:55:46	00:13:10	00:13:58 00:14:27 00:14:01
152	18	JANKOWSKA MAŁGORZATA	POL	M.P.H.T. JANKOWSCY	GÓRA	72	K40/6	MPG/54	00:55:53	00:55:46	00:13:10	00:13:58 00:14:26 00:14:01
153	76	BŁOŃSKI MARIAN	POL	KB SUKCES ŻMIGRÓD	ŻMIGRÓD	49	M60/4		00:55:56	00:55:42	00:13:50	00:13:58 00:14:03 00:13:50
154	26	JOŃCZAK KINGA	POL	EUFORIA BIEGACZA	GÓRA	99	K20/11	MPG/55	00:55:59	00:55:53	00:12:48	00:13:34 00:14:34 00:14:43
155	40	MIELNICKI MAREK	POL	MIRA TEAM	GÓRA	91	M20/26	MPG/56	00:56:05	00:55:59	00:12:47	00:13:32 00:14:41 00:14:47
156	202	POMYKAŁA JUSTYNA	POL	BIEGAJĄCA KASTA MIEDZIOWEGO MIASTA	LUBIN	87	K20/12		00:56:39	00:56:37	00:13:27	00:14:11 00:14:08 00:14:39
157	110	KRZESAK JAN	POL	KB SUKCES ŻMIGRÓD	ŻMIGRÓD	45	M70+2		00:56:42	00:56:31	00:13:11	00:13:47 00:14:34 00:14:53
158	32	LEWANDOWSKA MONIKA	POL		GÓRA	81	K30/14	MPG/57	00:57:26	00:57:14	00:14:04	00:14:22 00:14:25 00:14:18
159	72	BANASZCZAK WOJCIECH	POL	4EVER BIKE	LESZNO	74	M40/38		00:57:26	00:57:17	00:14:12	00:14:23 00:14:29 00:14:06
160	97	JANOWICZ KLAUDIA	POL	GALIBIER BIKEFUN TEAM	LESZNO	94	K20/13		00:57:26	00:57:19	00:14:13	00:14:22 00:14:29 00:14:06
161	35	ŁAGODA GRZEGORZ	POL		JEMIELNO	71	M40/39	MPG/58	00:57:26	00:57:19	00:14:39	00:14:41 00:13:52 00:13:58
162	168	KAZUBSKI PATRYK	POL		LESZNO	77	M30/43		00:57:27	00:57:19	00:14:12	00:14:22 00:14:29 00:14:06
163	96	JANOWICZ PAWEŁ	POL	GALIBIER BIKEFUN TEAM	LESZNO	74	M40/40		00:57:27	00:57:18	00:14:13	00:14:21 00:14:29 00:14:06
164	63	ZALESIŃSKI KACPER	POL	PIECZARA	GÓRA	93	M20/27	MPG/59	00:58:19	00:58:06	00:12:48	00:14:13 00:15:45 00:15:21
165	39	MENDYKA MAGDALENA	POL	UNIWERSYTET WROCŁAWSKI	SICINY	93	K20/14	MPG/60	00:58:46	00:58:33	00:14:16	00:14:31 00:14:50 00:14:56
166	78	CHUDZIAK AGNIESZKA	POL		WSCHOWA	78	K30/15		00:59:18	00:59:09	00:14:33	00:14:40 00:14:53 00:14:51
167	14	BUCZYŃSKA BEATA	POL		GÓRA	72	K40/7	MPG/61	00:59:21	00:59:14	00:14:38	00:15:01 00:14:55 00:14:27
168	155	URBAN MIECZYŚLAW	POL	ROZBIEGANY RAWICZ	RAWICZ	52	M60/5		00:59:28	00:59:17	00:16:04	00:15:21 00:13:50 00:13:56
169	206	WAWRZYŃIAK SŁAWOMIR	POL	KS MARATON OSTRÓW WLKP	OSTRÓW	70	M40/41		00:59:51	00:59:40	00:13:59	00:15:20 00:15:19 00:14:54
170	151	ŚLEBODA RYSZARD	POL	WKB PIAST WROCŁAW	WOŁÓW	44	M70+3		01:00:47	01:00:45	00:14:39	00:15:25 00:15:23 00:15:09
171	4	BAREŁA GERTRUDA	POL		GÓRA	72	K40/8	MPG/62	01:01:54	01:01:47	00:14:38	00:15:02 00:15:18 00:16:37
172	148	SZAŁKOWSKA MARTYNA	POL		WSCHOWA	91	K20/15		01:02:11	01:02:02	00:14:39	00:15:19 00:15:46 00:16:10
173	153	TOŚ JAKUB	POL		WSCHOWA	89	M20/28		01:02:11	01:02:03	00:14:39	00:15:19 00:15:46 00:16:10
174	69	KRAC PAWEŁ	POL		GÓRA	78	M30/44	MPG/63	01:03:03	01:02:56	00:14:39	00:15:31 00:16:07 00:16:29
175	82	GARBOWSKA EWELINA	POL		LUBIN	88	K20/16		01:03:23	01:03:10	00:14:38	00:15:29 00:15:29 00:17:27
176	19	ZIOMBRA-UŚCIŁO JOANNA	POL		GÓRA	88	K20/17	MPG/64	01:03:26	01:03:15	00:14:38	00:15:35 00:16:15 00:16:35
177	194	KŁYS ADAM	POL		WROCŁAW	75	M40/42		01:03:27	01:03:16	00:14:36	00:15:38 00:16:16 00:16:35
178	17	DZIAŁO BEATA	POL		GÓRA	69	K40/9	MPG/65	01:04:44	01:04:30	00:16:19	00:16:19 00:16:18 00:15:29
179	3	BARAN MONIKA	POL	KLUB BIEGACZA RAWICZ	JEMIELNO	81	K30/16	MPG/66	01:05:02	01:04:50	00:16:05	00:16:03 00:16:20 00:16:17
180	142	SOBCZAK MAŁGORZATA	POL	KLUB BIEGACZA RAWICZ	RAWICZ	83	K30/17		01:05:02	01:04:51	00:16:04	00:16:04 00:16:19 00:16:17
181	204	BURKOWSKI STANISŁAW	POL	KB SUKCES ŻMIGRÓD	ŻMIGRÓD	47	M60/6		01:06:06	01:06:04	00:15:13	00:16:19 00:17:19 00:16:57
182	10	SZUPER ARKADIUSZ	POL		GÓRA	68	M40/43	MPG/67	01:12:33	01:12:23	00:16:29	00:17:39 00:18:44 00:19:20